

ANTI-BULLYING PLAN 2025

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

At CPS, we embed our positive psychology into our everyday practices. Through the social and emotional wellbeing program – Grow Your Mind, we have adapted the content to suit our students at their point of need. It is by exploring the character strength focus areas we can work on building and maintaining our positive school culture as well as supporting students to be empowered with skills and strategies to identify and respond to bullying.

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Dates	Communication topics
T1 W3	School Values – INTEGRITY- Respect, Responsibility, Teamwork, Kindness
T1 W5	Grow Your Mind – Character Strength
T1 W7	Grow Your Mind – Character Strength
T1 W9	Grow Your Mind – Character Strength
T1 W11	Grow Your Mind – Character Strength
T2 W1	School Values – INTEGRITY- Respect, Responsibility, Teamwork, Kindness
T2 W3	Bullying! No Way [Mean, Nasty, Bullying]
T2 W5	Bullying! No Way [Mean, Nasty, Bullying]
T2 W7	Grow Your Mind – Character Strength
T2 W9	Grow Your Mind – Character Strength
T3 W1	School Values – INTEGRITY- Respect, Responsibility, Teamwork, Kindness
T3 W3	National Week of Action – BULLYING NO WAY!
T3 W5	Grow Your Mind – Character Strength
T3 W7	Grow Your Mind – Character Strength
T3 W9	Grow Your Mind – Character Strength
T4 W1	School Values – INTEGRITY- Respect, Responsibility, Teamwork, Kindness
T4 W3	Grow Your Mind – Character Strength
T4 W5	Grow Your Mind – Character Strength

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
T1 W1	Staff Development Day/s – review Grow Your Mind [PD/H/PE] teaching and learning program, highlighting anti-bullying education.
Throughout 2025	Professional Learning – Anti-bullying policy, procedures and prevention
T3 W1	Preparations for National Week of Action at CPS

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New and casual staff are provided information in a handout when they enter on duty at the school. An executive staff member speaks to new and casual staff when they enter on duty at the school at the commencement of their duty. The principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.



2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
T1W5	Parent Information Session – explaining how to contact a teacher if there are any concerns
T1W3	School Website – update annually Anti-Bullying Plan
Throughout 2025	School Newsletter – Bystander behaviour, Protection, Prevention, Early Intervention, Response, Complaints Handling

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

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Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Daily mini lessons on developing and highlighting character strengths, through the Grow Your Mind program.
- Fortnightly school-wide explicit lessons to improve and support student holistic wellbeing and positive behaviour approaches and strategies.
- High expectations culture driven by CPS's pedagogies, strengthened by the school's Behaviour Matrix.
- National Week of Action – school wide participation with sessions leading up to and on the day, embedding the school philosophy of Bullying. No Way!
- Classroom visuals to support students.
- Restorative practices

Completed by: Annalie Markulin

Position: Assistant Principal

Signature:

A handwritten signature in black ink, appearing to read 'Annalie Markulin', written over a light blue background.

Date: 04.02.2025

Principal Name: Melissa Gillon

Signature: _____

Date: 04.02.2025

