



Education
Public Schools



Charlestown Public School

Newsletter Term 1 Week 3 – Wednesday 10 February 2016

A proud partner of the Whitebridge Community of Schools

Dear Parents

Wow! It's been a busy week. Kinder have survived their first week at big school culminating with a wonderful effort at assembly, our swimming carnival was a huge success and our children are settling into their new classes and working well.

Thanks so much for your support during the past two weeks! It is much appreciated.

PARENT INVOLVEMENT – YOU'RE IMPORTANT!

The Parent/Teacher information night is on this coming Monday night. It is combined with a school disco and we'd love to have all of you there. The purpose of these meetings is to allow parents to meet their child's new teacher and gain an understanding of routines, homework expectations, planned excursions, approaches to teaching and learning and units of work to be studied this year. This meeting is not meant to deal with specific issues relating to your child. If you need to see your child's teacher please phone to make a suitable time. Disco starts promptly at 5:30pm along with meetings for KM, 1G and 2/3D. At 6:10pm the meetings for 3/4O, 4/5J and 5/6H will be held, finishing at 7pm. Please return the disco note and money before Friday.



2016 STUDENT LEADERS

DATES FOR YOUR DIARY

	TERM 1 2016
11.2.16	K-6 Disco note and payment due
12.2.16	Selected Y5-6 Debate Workshop note and payment due
12.2.15	Y3-6 Dance Group commitment & payment due
12.2.16	Y3-6 Ukulele Commitment and payment due
16.2.16	Selected Y5-6 Debate Workshop
17.2.16	P&C AGM 9:30am
17.2.16	Y3-6 Selected Zone Swimming note and payment due
19.2.16	New! POP (Parents Online Payment) 'go live'
22.2.16	Y3-6 Zone Swimming
24.2.16	Y3-6 Zone Swimming
24.2.16	Selected Y6 Young Leaders Day note and payment due
28.2.16	P&C Bunning Belmont BBQ (parent helpers needed)
29.2.16	Student Executive - Young Leaders Day, Homebush
9.3.16	K-6 Lorin Nicholson motivational speaker
15.3.16	K-6 Free Watershop
21.3.16	Harmony Day
22.3.16	Y3-6 Free Coding Game Roadshow
24.3.16	Easter Hat Parade
25.3.16	Public Holiday – Good Friday
28.3.16	Public Holiday – Easter Monday
30.3.16	Y3-6 T-Ball Gala Day
5.4.16	Coding for kids (and parents too) cost involved
8.4.16	Last day of school for Term 1

SWIMMING CARNIVAL

Congratulations to all students on their fine behaviour and participation last Wednesday at the school swimming carnival. Thanks to the teachers' fantastic organisational abilities and the support of you wonderful parents the carnival went off without a hitch. There were a number of students who were not confident in the water and many novelty events were provided to cater for these students. Parents, please consider having your child taught to swim. We live only 5 km from the coast; swimming is a lifelong skill and provides lots of enjoyment. Special congratulations to the following students who will be representing our school at zone: Rylan, Michellie, Will, James, Claudia, Sophie, William, Noah, Georgia and Cooper B.

We wish them all the best at the zone carnival.

YOU CAN DO IT!

One of our school's main student welfare programs is "You Can Do It." One goal of the program is to teach students how to become successful learners. This being the case, we teach students the foundations or keys for success: **Confidence, Organisation, Persistence, Getting Along and Resilience.** Along with the keys for success students are given activities to help them develop a sense of personal responsibility for what they feel and do, as well as for their learning.

HOME READING

Home Reading serves many wonderful purposes: It provides a bonding time between parent and child and shows the child how important their parent values reading. Parents play a huge influence on their children and seeing parents read and value reading, sets up a great example for the child to read. It is amazing the effect that only 10 minutes of reading per day at home will have on students in Primary school. If you add it up over the year it equates to 32 hours of solid reading!

In the coming weeks home reading cards and books from the class home reading boxes will be given to all students to begin the process of Home Reading. This year the same weekly award will be presented

at Assembly called the home reading raffle. If your child reads for 4 nights throughout the week and writes their book (or chapter from a novel for Primary students) onto the reading card, (returning it on Friday) their name will go into the draw for a canteen voucher of \$2. There will be 5 of these drawn each week. All you need to do is to read at home with mum, dad or another family member and bring your reading card in each Friday. The more you read, the better you read!

HOME READING RECIPE

Ingredients:

- 1 eager student
- 1 cup of encouragement
- 1 helpful parent
- 2 cups of patience
- 1 dash of wisdom
- 3 cups of effort

Procedure:

Mix all of the ingredients together well.

Find a quiet place to sit with plenty of light.

Complete homework with all ingredients.

Bring finished product to class the next day.

REMINDERS

Last week a number of important notes went home with students. Unfortunately there has been a very poor response to returning these notes. Please return the emergency care and enrolment updates as soon as possible. If your child is ill at school it is impossible to contact you if your phone numbers have changed, so an updated note is necessary. Also, don't forget the permission to publish notes so that your child's photo can be included in our newsletters. Money is also required for our Soundwaves spelling program and Social Skills (Sport in Schools) program.

SCRIPTURE

Scripture classes for 2016 will begin tomorrow. Students will attend scripture unless it has been noted on the enrolment form or a letter of exemption is provided by parents annually. The lessons are taught by scripture teachers, is Christian but non-denominational. Due to the lack of scripture teachers this year, only students in Yrs K-2 will participate in scripture lessons in Semester One.

STRANGER DANGER

Kids see strangers every day in stores, in the park, and in their neighbourhoods. Most of these strangers are nice, normal people, but a few may not be. Parents can protect their children from dangerous strangers by teaching them about strangers and suspicious behavior, and by taking a few precautions of their own. Please talk to your child about who is picking them up after school and what to do if they walk home on their own and a stranger approaches. At school students know to come to the front office if no one is there to pick them up after school. Similarly, if you're running late please call the office and we will ensure your child stays at the office until you arrive. Please help our children to be safe on their way to and from school.

http://www.safety4kids.com.au/safety-zone_stranger-danger

HELPFUL TIPS

Homework is an important part of learning, but sometimes parents find it hard to keep up with what needs to be done. Here is a range of resources to point you in the right direction. There are also some useful tips and help sheets to improve study skills in these areas.

<http://www.schoolatoz.nsw.edu.au/homework-and-study>

While there is a natural tendency to focus on your child's reading, writing and number skills, a fundamental aspect of school success is your **child's physical, mental and social development**. You will find a wealth of useful advice and suggestions to help you and your child navigate through these changing times.

<http://www.schoolatoz.nsw.edu.au/wellbeing>

Have a wonderful week.

Jayne Thompson
Principal



KM NEWS

Welcome to all our Kindergarten students who have settled well into school.

Our students are learning numbers and busy practising counting. This week we have also been learning about 2D Shapes.

Students are busy learning how reading groups work and are starting to get in the rhythm of switching from different activities.

Kindergarten are learning how to be good class members, making choices to be good listeners, to be good friends and to try their best in class.

Other activities the students are enjoying participating in are listening to stories, singing songs, creative arts and utilising iPads for literacy games.

Each Wednesday and Thursday afternoon we go with Mrs Thompson for Science and she also takes us to Social Skills which is great fun.

We are having so much fun learning.

CANTEEN NEWS AND ROSTER

Thur	11.2.16	K Style, T Black, M Rowe
Fri	12.2.16	No orders—counter service at lunch only L Lee, P McNally
Mon	15.2.16	CLOSED
Tue	16.2.16	CLOSED
Wed	17.2.16	K Bassett, L Todorovski

CLOTHING POOL HOURS

Wednesdays	2:45 pm – 3:15 pm
Fridays	9:00 am – 9:30 am





COMMUNITY NEWS

Garden Suburb Football Club Registration 2016



Garden Suburb Football Club is now taking registrations for Boys and Girls teams from U6's through to All Age. We are also looking to expand upon our successful girls program in 2016 and are looking to field additional teams in Girls Competitions.

Registration is being held on;

- Saturday 6th February at Cardiff RSL from 12 noon till 4pm
- Saturday 13th February at Cardiff RSL from 12 noon till 4pm.

You can also register online by following the information on our website www.gardensuburbfc.com

The club will also host a meet the coaches day on the 25th February.

Details of registration fees and club information can also be viewed on the website. For any enquiries please contact our President, Leonard Allen on 0421278619 or email the club at gardensuburbfc@macquariefootball.net.au

Nutrition Snippet

The simplest way

...to keep lunch foods fresh.

Food packed at home in the lunch box needs to stay fresh and safe to eat at school.

Meat, fish, poultry, eggs, noodles, rice, pasta, custard, yoghurt, cheese and milk need to be kept very cold to prevent food poisoning.

Pack lunches in a cooler bag with a cold brick.

Freeze items such as sandwiches, milk poppers, yoghurt, custard tubs, muffins, or fruit segments to pack on hot days.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Nutrition Snippet

The simplest way

...to encourage healthy eating.

If you've got a fussy eater in the family, a behaviour reward chart can be a great way to get them eating and enjoying new foods and more fruit and veg.

Praise from parents or the offer of small rewards is a good motivator for many children.

A behaviour reward chart can work wonders too. Remember to decide on rewards and goals in advance and keep them realistic and motivating.

Want more great tips and strategies to overcome fussy eating? Register for a Fruit & Veg Sense workshop online: eatittobeatit.com.au

Find this chart and others online too.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Nutrition Snippet

The simplest way

...to bake a healthy lunch box treat.

Homemade muffins are a great way to add a fruit or veg-filled treat to lunch boxes.

Apple and date muffins

Ingredients: 3 apples, chopped; 1 cup boiling water; 200g dates, chopped; 50g butter; 2/3 cup brown sugar; 2 tps mixed spice; 1 egg; 1 tsp baking soda; 1 tsp baking powder; 2 cups wholemeal flour.

Method: Preheat oven (180°C). Chop apples and dates. Add boiling water, butter and sugar. Mix until butter melts and sugar dissolves. Add spice and allow to cool. When fruit mixture is warm, not hot, add spice and egg. Mix well. Add baking soda, baking powder and flour. Mix, but do not overbeat. If mixture is too dry, add a little milk. Spoon into the prepared muffin tin. Bake for about 15 minutes.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

P&C NEWS

Dear Parents

We need your **HELP!** The P & C organise a number of events throughout the year and are responsible for the running of the canteen each week. All of our work is done on a voluntary basis and we rely on you and your families to assist us. The P & C raises funds that are then used to benefit the students of the school whether that be by subsidising activities or by purchasing resources.

In Term 1 we have a number of events scheduled so if you are able to spare a couple of hours at any of the events listed below, please leave your **details at the office.**

1. P & C Annual General Meeting – WEDNESDAY 17th February

The Annual General Meeting will be held on Wednesday 17th February starting at 9.30am. If you are interested in holding a position or would just like to be involved, please come along to the meeting. At the P & C meeting following the AGM we will be discussing all the fundraising events for 2016. Everyone is welcome to attend.

2. Bunnings Belmont BBQ – SUNDAY 28th FEBRUARY

We will be hosting the BBQ stand selling sausage sandwiches and soft drinks from 9 til 4pm. We require parents for the following shifts : 8.30 -11, 11 -1.30 and 1.30 – 4pm.

3. Easter Raffle – due TUESDAY 22nd March

A book of 10 tickets will be sent home in early March. We would appreciate your support by purchasing the tickets and also if you are able to make a donation/s for prizes that would be great.

Donations and tickets will be due to be returned by Tuesday 22nd March with the raffle being drawn at the Easter Hat Parade on Thursday 24th March.

4. Canteen

At this stage the Canteen will open on Wednesdays and Thursdays for full service and on Fridays for Lunch Counter service only. If you are available on any of these days and wish to volunteer or if you are interested in doing the shopping and ordering of the goods, please leave your details at the office.

All volunteers need to be financial members of the Charlestown Public School P & C Association. The membership fee is \$2 per year. By being a member it ensures that you are covered under the 'Personal Accident Insurance' part of our policy and allows you to participate at P & C meetings. Please ensure that the next time you are on canteen you pay your \$2 membership fee and include it in the daily takings and make a note on the daily sheet as we are required to account for this money separately.

5. Mobile Phones

In partnership with Sony and CANTEEN (Kids Cancer Charity) we collect old mobile phones. Once we have collected 150 phones we are able to convert them into Sony products. In 2013 we received a Sony Camera. If you have any old mobile phones lying around, can you please place them in the box in the office foyer.

6. Entertainment Books

We anticipate that the books will be available from late April. More information will be provided once they have arrived.

7. Mothers' Day Stall

A Mothers' Day stall will be held on Friday 6th May 2016. Later in the term we will be requesting donations for the stall.

BUNNINGS BBQ BELMONT – SUNDAY 28th FEBRUARY

Name : _____ Contact Number : _____

☐ 8.30 – 11.00

☐ 11 – 1.30

☐ 1.30 – 4.00