



# Charlestown Public School

Newsletter Term 2 Week 2 – Wednesday 4 May 2016

A proud partner of the Whitebridge Community of Schools

Dear Parents

This term we welcome back Mrs Nolan to Yr 4/5, job sharing with Mrs Holt. We also welcome Mr Joel O'Brien on 1G and Mrs Edna Martin on KM, who will be with us for the majority of the term.

## MOTHERS DAY STALL

On Friday 6 May we will be holding a Mother's Day stall. We are seeking donations of new items that can be sold as gifts. Also, if you have a couple of hours to spare we are seeking parents who would be able to sell these gifts to students. Please leave your donations and details at the office!

May I take this opportunity to wish all our mums, grandmothers and special people in our lives, a happy Mother's Day! I hope you have a fantastic day on Sunday!

## DATES FOR YOUR DIARY

	TERM 2 2016
4.5.16	Donations for Mother's Day stall
6.5.16	Mother's Day stall 9.35am
9.5.16	Pre-school Information Evening in school Hall 7:00pm
10-12.5	Y3 and Y5 NAPLAN
12.5.16	School Council Meeting 6:45pm
13.5.16	Last day for Book Club orders and money
15.5.16	School Working Bee 9-11am
18.5.16	Zone Cross Country
25.5.16	P&C Meeting 9:30am
31.5.16	Last day for payments prior to new finance arrangement
14-18.6	Star Struck Week
15.6.16	ICAS Spelling P&C Meeting 9:30am
16.6.16	Payments can again be made
22.6.16	Y3-6 Netball Gala Day

## CROSS COUNTRY CARNIVAL

Last Friday's perfect weather was a wonderful backdrop to our cross country carnival. All students have been training hard with their weekly park runs throughout last term and put in some magnificent performances! Congratulations to our wonderful runners for not giving up and showing the 'You Can Do It' qualities of resilience and persistence. The following students will represent our school in two weeks at the zone carnival:

Schylar, Lilly, Delna, Chelsea, Sophie, Michellie, Emily, Brianna, Isabelle, Claudia, Maddie, Paige, Ryan, Cameron, Cadell, Jackson, Charlie, Ashley, Clay, Tony, William, James, Will, Ethan, Noah, Rylan, Eti and Paul.

This week Eti is representing the region at the NSW PSSA Basketball championships being held in Gosford. We wish him and his team all the best.

Congratulations also to Ethan Lee for making it into the Eastlakes PSSA Touch Football team! Good luck at Regional trials Ethan.





### **COUNT ME IN (CMI) GROUPS**

CMI groups started this week for K-3. Children have been placed into four ability groups with some children moving to a classroom other than their own. Each group will play a variety of games each week to develop skills in counting forwards and backwards, place value, addition, subtraction, multiplication and division. These groups will run each Monday and Tuesday from 12:30-1:15pm

### **PEER SUPPORT**

This Thursday and Friday all students in Yrs 5 & 6 will be trained as peer support leaders. The peer support program will be held every Thursday at 2:45pm. Students will be put into groups across K-6 and complete a range of activities aimed at improving self-esteem and mental health, whilst developing assertiveness, resilience, problem solving, decision making and leadership. The program provides students with a positive, supportive, learning environment.

All students in Yrs 5 & 6 are asked to come out of uniform on Thursday and Friday this week as part of their peer support training.

### **SCHOOL PHOTOS**

School photos were taken today. A photo was taken of each child present. Orders received after photo day are subject to a \$20 search fee. Please contact MSP Photography direct on 4966 8292 to organise this (please note orders are not processed until payment is received).

### **STAFF DEVELOPMENT DAYS TERM 4**

In terms 2 and 3 the staff will be working extra hours after school to replace the two staff development days in term 4 on December 19 and 20. They are looking at the first component of Kidsmatter "Developing a Positive School Community," and also the 20 hour course

titled Managing Challenging Children. Staff will then finish the end of year when students finish on December 16<sup>th</sup>.

### **NEW HISTORY AND GEOGRAPHY**

Many changes have taken place with the "old" HSIE syllabus. The *HSIE K-6 Syllabus* (1998) will be replaced by the History K-10 and Geography K-10 syllabuses as they are implemented in K-6 schools. This year all K-6 schools will continue to teach the Cultures, Environments and Social Systems and Structures strands in the current *HSIE K-6 Syllabus* and teach the new History syllabus in place of the Change and Continuity strand. When K-6 begins teaching the new Geography syllabus, it will be in place of the Cultures, Environments and Social Systems and Structures strands. Teachers at CPS will teach the History syllabus this semester and introduce the new Geography syllabus next semester.

### **NAPLAN**

Year 3 and Year 5 will participate in NAPLAN next Tuesday, Wednesday and Thursday. The students will participate in the Language Conventions and Writing tests on Tuesday, the Reading test on Wednesday and the Numeracy test on Thursday. Friday will be used as a catch up day to cater for any student who may have been absent the previous days. Parents are reminded that NAPLAN provides a snapshot of their child's progress and is just one of the data sources this school uses to plan teaching and learning activities to meet students' needs.

More information on the testing program can be found at [www.nap.edu.au](http://www.nap.edu.au)

If there are questions, please do not hesitate to speak with your child's teacher or myself.

### **WORKING BEE**

On Sunday 15 May, we are holding a working bee at the school starting at 9am. Please bring along your gardening gear, shovels and wheelbarrows to help out with the growing list of jobs. Come along and enjoy the wonderful community atmosphere with everyone working to improve our playground and gardens.

## **ROAD SAFETY**

A reminder that it is not safe for students to walk to or from school via the staff carpark. Cars are moving in and out of this area throughout the whole day and there is a real risk that a student may be involved in an accident. Please set an example for students in this area.

## **APPLICATIONS FOR OPPORTUNITY CLASS IN 2017**

Government schools use a range of strategies to meet the educational needs of Gifted and Talented students. One strategy is Opportunity Class placement which provides intellectual stimulation and an educationally enriched environment for Gifted and Talented students. Applications for students in year 4 who are interested in attending an Opportunity Class for years 5 and 6 are now available.

The closest OC class is at Jewells PS.

Parents of students currently enrolled in a NSW public school with access to the internet, a printer and their own email address (not the student's) should apply for opportunity class placement online by going to this internet website:

[www.schools.nsw.edu.au/ocplacement](http://www.schools.nsw.edu.au/ocplacement).

Applications opened on Tuesday 26 April and close Friday 13 May. Late applications will not be accepted after the closing date.

## **COLES FRUIT DONATION**

The school would like to thank Charlestown Coles for their donation of a half box of fruit. This fruit will be donated on a regular basis. It is being used to provide fruit for students who do not have any for fruit break. Please continue to supply fruit for your own child/children each day as the supply from Coles cannot be guaranteed.

## **KINDER AND SCHOOL READINESS**

The Whitebridge Community of Schools is holding a School Readiness Evening on Monday, 9 May in our school hall. The evening begins at 7pm. Information regarding legal requirements, best practice as well as general information about children starting school will be provided. This will be an informative evening if you are considering starting your child in 2017.

Enjoy the weekend and be kind to your mothers!

Jayne Thompson  
Principal

## **KM NEWS**

It's great to be back at school after the holidays and we are lucky enough to have Mrs Martin who is on her 4 weeks practicum. We welcome a new student, Tyreece, who has joined us in KM this term.

This term, in PDHPE we are learning about Anti-bullying. This also ties in very nicely with the Literacy unit focus being on Friendships and the qualities that we need to be a great friend. It demonstrates to the students that you can still be friends with one another even if you have differences.

We are still continuing to learn our two sounds each week. The children are really enjoying literacy groups in the morning where they are learning various activities including our sight words.

This week we have started 'Count Me in Too' maths groups and students participate on Mondays and Tuesdays for 45 minutes. This program helps students focus on strategies to solve arithmetic tasks. The students are enjoying this and having fun learning.

At the end of last term KM was introduced to the computer lab. We are now learning how to log on and utilise other functions of the computer.

It is really important that each night students are practising their sounds, sight words and reading to reiterate what is being taught in the class room. During this time the children will also enjoy showing you what they can already do.

Our KM students are so eager to learn - what a great term it is going to be!



## **"When God Created Mothers"**

*When the Good Lord was creating mothers, He was into His sixth day of "overtime" when the angel appeared and said. "You're doing a lot of fiddling around on this one." And God said, "Have you read the specs on this order?" She has to be completely washable, but not plastic. Have 180 moveable parts... all replaceable. Run on black coffee and leftovers. Have a lap that disappears when she stands up. A kiss that can cure anything from a broken leg to a disappointed love affair. And six pairs of hands."*

*The angel shook her head slowly and said. "Six pairs of hands.... no way." It's not the hands that are causing me problems," God remarked, "it's the three pairs of eyes that mothers have to have." That's on the standard model?" asked the angel. God nodded. One pair that sees through closed doors when she asks, 'What are you kids doing in there?' when she already knows. Another here in the back of her head that sees what she shouldn't but what she has to know, and of course the ones here in front that can look at a child when he goofs up and say. 'I understand and I love you' without so much as uttering a word."*

*God," said the angel touching his sleeve gently, "Get some rest tomorrow...."*

*I can't," said God, "I'm so close to creating something so close to myself."*

*Already I have one who heals herself when she is sick...can feed a family of six on one pound of hamburger...and can get a nine year old to stand under a shower."*

*The angel circled the model of a mother very slowly. "It's too soft," she sighed. But tough!" said God excitedly. "You can imagine what this mother can do or endure."*

*Can it think?"*

*Not only can it think, but it can reason and compromise," said the Creator.*

*Finally, the angel bent over and ran her finger across the cheek. There's a leak," she pronounced. "I told you that you were trying to put too much into this model."*

*It's not a leak," said the Lord, "It's a tear." What's it for?" It's for joy, sadness, disappointment, pain, loneliness, and pride."*

*You are a genius," said the angel. Somberly, God said, "I didn't put it there."*

[Erma Bombeck, When God Created Mothers](#)

## **CANTEEN NEWS AND ROSTER**

Thu	05.05.16	K Style, T Black, M Rowe
Fri	06.05.16	<b>No orders—counter service at lunch only</b> L. Lee, P. McNally
Mon	09.05.16	<b>CLOSED</b>
Tues	10.05.16	<b>CLOSED</b>
Wed	11.05.16	K. Bassett, L. Todorovski

## **CLOTHING POOL HOURS**

<b>Wednesdays</b>	<b>2:45 pm – 3:15 pm</b>
<b>Fridays</b>	<b>9:00 am – 9:30 am</b>

We are selling Girls Brown Ponte Pants for \$10 from the Clothing Pool.

We are looking for any second hand girls dresses that you no longer need. If you have any it would be greatly appreciated if you could please drop them into the office for the clothing pool.

If you ordered a jacket last term, they are now available for payment and collection.

## **P&C NEWS**

### **Mother's Day Stall**

Each year we hold a Mother's Day Stall on the Friday morning before Mother's Day. If you are able to donate any new items for the stall please leave them at the office.

The gifts usually range in price from \$1 to \$5. All students will have an opportunity to purchase one gift each, this may be increased to two but this depends on the number of donations. We also require a small number of parents to operate the stall, if to can assist from 9:30 til 11:00 am on Friday 6 May please leave your details at the office.

### **'You Can' Mobile Phone recycling**

If you have any old mobile phones, please drop them into the recycling box in the foyer.

### **Term 2 Events**

May - Mother's Day Stall and Cookie Dough fundraiser

June - Netball Gala Day

Order your NEW 2016/2017  
EntertainmentTM Books and  
EntertainmentTM Digital Memberships  
from us today, and 20% of the proceeds  
contribute towards our fundraising!

<https://www.entertainmentbook.com.au/orderbooks/342n65>

A large group of students in yellow and brown uniforms posing on a stage. A large red and black mural is visible on the left side of the stage.



we learn, we build, we play with  
**LEGO® Bricks**

# AFTER SCHOOL

So fun it won't feel like learning!!

## Term 2 - Crazy Contraptions

Build and Explore Crazy Contraptions that really work your brain! Students will use LEGO® Bricks, axles, pulleys, gears and motors to create fun and interactive models.

Kids Will:

- Socialise with Like Minded Kids
- Enjoy Creative Free Play Time
- Build a New Motorised Model Each Week
- Have Loads of Fun with Lego







**The Place: Charlestown Community Centre**  
**From Tue 10th May**

**New Lambton Community Centre**  
**From Wed 11th May**

**Book online at:**

**Bricks4kidz.com.au/nsw-lakemacquarie/**

**OR Call Brad on 0499 006 056**

**Time: 3:30pm - 4:45pm**  
**Cost: \$90 (6 weeks)**

## School Banking is improving your kid's 'Common Cents.'

It's been a great start to the school year, and every week we see the students putting in a fantastic savings effort. That might be because of this year's Grand Prize: a VIP tour of Australia Zoo to meet Robert and Bindri Irwin! Many of our true blue Outback Savers are well on their way to reaching their 15 deposits by the end of Term 3, which will give them an automatic entry into the Grand Prize competition.

Aside from the Grand Prize, two new reward items are available this term. After making 10 School Banking deposits, students can redeem the Mud Splat Handball or the Outback Pat Bag Tag!

### Earning about your child's 'Common Cents'

Earlier this year, CommBank released a report explaining just how clued-up about money Australian children are. They were asked to complete the 'Common Cents' Quiz, which looked at five key areas of financial literacy: spending, saving, earning, budgeting and investing.

The research revealed our nation's kids are – on average – educated earners and spenders, and children whose parents have smarter money habits recorded higher 'Common Cents' scores. Here are some of the statistics we've uncovered:





- 68% of Aussie kids like saving their money more than spending it.
- 77% of them understand they can earn extra money by doing chores around the house.
- Only 50% know what a budget is, with one in five thinking it's a sheet of paper with numbers on it.
- Over 50% of children surveyed would take \$5 now, over larger monetary sums if they have to wait.

The report also shows that 69% of primary school children in Australia receive pocket money, and 82% of those are expected to complete tasks to earn it. Pocket money is a great way for parents to teach kids the value of money and the earning process.

If you're curious about your child's 'Common Cents,' we encourage you to take them through the simple Quiz that's available at [commbank.com.au/commoncentsquiz](http://commbank.com.au/commoncentsquiz).

For more tips, videos and activities to stimulate your child's interest in money skills, head to The Beanstalk at [commbank.com.au/youthsaver](http://commbank.com.au/youthsaver).

Things you should know: Conditions apply. See [commonbank.com.au/outbackbanking](http://commonbank.com.au/outbackbanking). Promotional shares to 15 bank AEST 2014/15 and ends 15 October 2015. Entry is open to all full-time or current full-time aged 7-15 years who participate in CommBank's School Banking program. Some common guidelines must be met, and banks and schools will be responsible for ensuring their youth saver account through the School Banking program during the promotional period. Limit of 1 entry per person. The draw will take place at 12.00pm AEST on 15/10/15 at the Promoter's office. The first valid entry drawn will win a family holiday for up to 4 adults and 10 children (12 years or under) to the Southern Cross Queensland with return economy flights departing the promotion date of residence, a digital camera/smartphone, 1 hour car hire, 20,000 spending money and a 1 day VIP Family Platinum Card Adventure Pass for Australia Zoo, valued at up to \$12,500. The winner's name will be published on the website on 15/10/15. Promoter is Commonwealth Bank of Australia ABN 68 630 622 134. RFL Financial Group, Sydney NSW 2000. Call 13 2221. NBN Fixed No 1 1845/1507 986, call 1 parent hot 181 2222, 24 hours 13 2211. About the research: Independent research carried out on behalf of Commonwealth Bank of Australia. Surveyed 7,144 of 11,510 primary completed saving forms and their children aged 7-15 years; a quantitative analysis of the following questions was used: "Do you receive pocket money?" and "If yes, how do you get it?" and "What do you do with your pocket money?". The survey was conducted between 11/11/14 and 11/11/14.



# CASH FOR CLASSROOMS

**WIN UP TO \$2,500\* CASH FOR YOUR SCHOOL!**

Simply shop at any participating store at Lake Macquarie Fair until Sunday 8 May 2016.

For every dollar you spend, your nominated school will collect one point. The school with the most points wins!

Simply fill in an entry form, enclose your receipts and place it in your school's entry box. Good luck!

**PLUS YOU COULD WIN A \$100 GIFT CARD\* EACH WEEK!**

\*There are 10 schools eligible. Prizes are awarded on a weekly basis. A full and complete entry form is available at all participating stores. For more information visit [www.lakemacquariefair.com.au](http://www.lakemacquariefair.com.au)

[www.lakemacquariefair.com.au](http://www.lakemacquariefair.com.au)

**Lake Macquarie Fair**



# The simplest way

...to keep kids' thirst at bay.



A day at school is thirsty work!

So be sure to pack a drink in the lunch box.

Water, or milk, is the best drink for kids, not fruit juice.

**Top tip:** Freeze a drink bottle of water, or a milk popper, to help keep the lunch box cold and food fresh.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



# The simplest way

...to create healthy take away.

Get the kids inspired about cooking with a healthy, homemade take away-style meal. Find full recipes at: [eatittobeatit.com.au](http://eatittobeatit.com.au).



## Sausage rolls:

Using beef, lamb, chicken, turkey or pork mince, with lots of grated or finely diced veg mixed in. Or add some tinned kidney beans to the mix.

## Hamburgers:

Make a meat, lentil or veggie patty, pile on the salad and serve on a crusty wholegrain roll.



## Fish and chips:

Crumb your own fish fillets and oven bake. Serve with oven-baked chunky chips or sweet potato wedges.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



# The simplest way

...to eat extra veg every day.

Think a daily dose of five veg sounds like a lot? It's not, with these quick and easy ways to eat extra veg every day!



**Baked beans** on toast for breakfast (legumes count as veg).

**Veg snacks:** carrot and celery sticks; corn on the cob (hot or cold); leftover baked pumpkin or sweet potato (great on sandwiches too).

Spread **avocado** on toast or sandwiches.



**Veggie sandwich:** cucumber slices sandwiched together with reduced-fat cream cheese.



**Salad on sandwiches:** grated carrot, lettuce, tomato and cucumber; or tabbouleh.

**Veg-oodles:** long thin strands of grated zucchini, carrot, sweet potato or parsnip mixed with wheat-based pasta or noodles.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



# The simplest way

...to seek shade from the sun.

## Did you know?

Shade can reduce ultraviolet (UV) exposure by up to 75 per cent. Used in combination with other sun protective measures - such as sun-smart clothing, sunglasses, hats and sunscreen - shade can help provide maximum protection against UV radiation. It is important to seek shade when UV levels are above 3 to help protect your skin from sun damage.

## What is shade?

Shade can be either natural, constructed or a combination of both. Natural shade includes trees, shrubs, hedges or shadows from nearby structures. Constructed shade can consist of awnings, shade sails, pergolas and other man-made structures.



## Promote the use of shade

Plan outdoor activities in shaded areas. Set up portable shading if natural shade is not available. And remember, shade moves with the sun, so make sure to follow the shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)

