



Charlestown Public School

Newsletter Term 2 Week 6 – Wednesday 1 June 2016

A proud partner of the Whitebridge Community of Schools

Dear Parents

Can you help us please? In preparation for our financial rollover to the “new world”, we have now closed off our books for making payments for two weeks. These will resume in a fortnight on Monday June 16. Please don't send any money to the office or use the POP payment system during this period. Many thanks for your co-operation and understanding when we move to our new financial system.

STUDENT WELLBEING POLICY

This year the staff, parents and students have been busy rewriting the student wellbeing policy to bring it in line with the Department of Education's new policy. The new policy is separated into three main areas: Connect, Succeed and Thrive. **Connect** – our students will be actively connected to their learning, have positive and respectful relationships and experience a sense of belonging to their school and community.

Succeed – our students will be respected, valued, encouraged, supported and empowered to succeed.

Thrive – our students will grow and flourish, do well and prosper.

As with all our policies the School Council has endorsed the new Student Wellbeing Policy, it has been presented to the P&C and the students have also discussed the policy at a student forum. The policy accompanies this newsletter. Please read through the policy with your children, if you have any questions please don't hesitate to contact either Mrs Gill or myself.

YOU CAN DO IT

At school during this term we have been practising getting along with everyone at our school. One of the best ways to assist your child in being friendly is to ensure your child says “Good Morning” to their class teacher, friends and visitors, maintains good eye contact and uses “please and thank you.” It's wonderful if this can be done with a happy smile too!

DATES FOR YOUR DIARY

	TERM 2 2016
3.6.16	Cake Stall CANTEEN CLOSED
14-18.6	Star Struck Week
15.6.16	ICAS Spelling P&C Meeting 9:30am
16.6.16	Payments can again be made Expected date for Cookie Dough orders to be delivered
22.6.16	Y3-6 Netball Gala Day
28.6.16	K, Y3, Y6-A Matter of Seconds
2.7.16	Election Day BBQ & Cake Stall 7:30 am to 1:30 pm
	TERM 3 2016
19.7.16	All student return to school K-6 NAIDOC celebrations
20.7.16	K-6 Athletics Carnival
26.7.16	K-6 Life Education Visit

CAKE STALL

This Friday is the Star Struck Cake Stall. If it's anything like last years it will be a Master Chef delight!! Thanking you in advance for your generosity and kindness in supporting our Star Struck students. The money will go towards providing meals and extra costume bit and pieces for the students at Star Struck. This Friday there will be no canteen operating at lunchtime.

STUDENT EPORTS

The final pieces of the student reports are being completed by class teachers. Each and every staff member has worked long and hard to ensure that every student has a true and accurate record of their achievements for semester 1. You will notice that most of the subject areas have the same grading as always, with a mark A-E for achievement and 1-5 for effort. English is the exception to this. This semester's English report consists of one A-E mark. **Student reports will be sent home in Week 9.**

Every teacher will be available for Parent-Teacher Interviews, providing an excellent opportunity for parents to discuss the report, understand the learning strengths and weaknesses of the child as well as work to establish goals for the second semester.

It is our responsibility as parents and teachers to work together and with each child to ensure that they take advantage of all opportunities to get the best education possible. The parent/Teacher timetable will be sent home next week.

READING GROUPS

Each day all students participate in reading groups across K-6. As always it is wonderful to have an extra pair of hands in each room to help with reading groups. Times vary between 9:45-11:45 so please ask your child's teacher when they have reading groups. You are always welcome to come and listen to students read and your help is most appreciated. Please sign in at the front office and wear a visitor's badge before you go to reading groups.

BINGO DAY

A fantastic fundraiser for Yr. 6 farewell occurs on Thursday June 30. It is a meal deal, out of uniform and bingo bonanza all in one! The P&C is assisting with the meal deal whilst the Yrs. 5 & 6 students will be organising the bingo. Please see the separate note for all the information.

AUTHOR VISIT



HEAD LICE

Regrettably we have had a few cases of head lice at our school. Unfortunately head lice seem to like children's hair and when active it is very contagious. Children are required to remain away from school until the condition is treated. Once treated they may return to school.

With the long weekend coming it's a great idea to please check your child's hair and treat if necessary. There are many products on sale in pharmacies to treat head lice – just ask your chemist for help. For complete treatment, the product needs to be reapplied after 7 days.

For more information regarding head lice – www.jcu.edu.au/school/PHTM/hlice/hlinfo.1.htm

Enjoy the week. Please ensure your child is dressed warmly in the cold weather.

Jayne Thompson
Principal

4/5J NEWS

Where has this term gone? Like everyone else we have been very busy hard at work.

This week 4/5J has been presenting speeches and what a great job they have been doing with loads of expression and very different topics.

Reading Groups are going smoothly with all children working co-operatively.

In writing the children are composing interesting Recounts and Information Reports focusing on structure, punctuation and language features.

Confidence is increasing in bucket loads when completing Maths activities. The children have had fun with hands on activities and games to help them understand our Maths concepts.

In computers the children have had a ball using the probots and beebots.

In History, Year 4 has been studying Australia's changing face over time, its celebrations and commemorations, icons and symbols. Year 5 are discovering facts about Australia's history as they became a nation.

4/5J love Art activities and everyone has produced some fantastic pieces using all types of media and techniques. One of our last pieces was 'Australian Icon'. The children have created exceptional Opera Houses, Sydney Harbour Bridges, Ned Kelly's, The Three Sisters, Ularus, Kangaroos and Emus.

Remember Home Reading is very important every night. In coming weeks we have children participating in Star Struck, Debating, Netball and High School activities.

4/5J has shown that they have great manners, co-operative skills and wonderful work ethic inside our classroom. We are very proud of them, you should be too.

Mrs Judy Holt and Mrs Judy Nolan

CANTEEN NEWS AND ROSTER

Thu	2.6.16	K. Style, T. Black, M. Rowe
Fri	3.6.16	CLOSED
Mon	6.6.16	CLOSED
Tues	7.6.16	CLOSED
Wed	8.6.16	K. Bassett, L. Todorovski

CLOTHING POOL HOURS

Wednesdays	2:45 pm – 3:15 pm
Fridays	9:00 am – 9:30 am

P&C NEWS

Cookie Dough

Delivery is expected to be on Thursday 16 June.

Netball Gala Day - Wednesday 22 June

We will be catering at the Netball Gala Day. If you are able to assist on the day, please leave your details at the office.

Entertainment Books

Entertainment books are now available for sale and collection from the office. Each book costs \$60 and has hundreds of dollars' worth of savings at local and national businesses. Now choose from traditional Book or Digital Membership!

Federal Election Day BBQ and Cake Stall – Saturday 2 July

We require assistance on this day also, to serve bacon and egg rolls, sausage/steak sandwiches and drinks. We will also be selling cakes/biscuits/slices and of course lamingtons!

We are looking for volunteers from 7.30 – 9.30, 9.30 - 11.30 and 11.30 - 1.30.

If you are able to supply any homemade cakes/biscuits/slices that can be sold on the day we need all goods to be clearly labelled with the ingredients that were used. These can be delivered to the school on the Friday afternoon or early on the Saturday morning.

Newcastle Permanent Building Society Introducer Program

We joined this fundraising program through the NPBS in 2014. When

someone applies for a new Newcastle Permanent home or business loan, all they need to do is tell NPBS they were referred by Charlestown Public School P&C and provided their application is eligible, the P&C will receive \$600 once the loan has been processed.

Please tell your friends, families, work colleagues ... basically anyone you know can participate!

'You Can' Mobile phone recycling

If you have any old mobile phones, please drop them into the recycling box in the office foyer.

Clothing Pool

Brown Jackets

We have a small number of the old plain brown jackets for sale. These are brand new but we are no longer stocking them as we have a new jacket that is jersey lined for extra warmth. These plain brown jackets will be sold from the Clothing Pool for \$20.

New Jacket Orders

For those parents who ordered jackets - they are available for payment and collection from the Clothing Pool Wednesday afternoons 2:45-3:15pm or Friday mornings 9:00-9:30am.

Girls Brown Ponte Pants

We have a small number of girls brown long pants available in sizes 4 to 16 for \$10 each.

Girls Dresses

We are looking for any second hand girls dresses that you no longer need. If you have any it would be greatly appreciated if you could please drop them into the office.

Canteen

Friday Vacancy

We have a vacancy on a Friday which is for lunch service only. If you are available to work any of the following Fridays, please leave your details at the office – 17th June, 12th August, 9th September, 4th November and 2nd December.

COMMUNITY NEWS

Message to Parents/Carers

Keep Kids Safe:

#parentscheckthecheck!

Parents or carers who engage the services of a private tutor or coach have an important role to play in helping to keep their children safe.

From 1st April 2016 adults who provide private tuition or coaching services to children will need to obtain a new Working With Children Check.

The Certificate for Self Employed People will no longer be valid after their expiry date and the certificate holders will need to apply for a new Working With Children Check.

Parents or carers should ask their child's tutor or coach for their name, date of birth and their Working With Children Check number.

They must then go online and verify the tutor or coach is not barred from working with children in NSW.

Verifying that a tutor or coach can work with children is quick and easy – just follow the simple steps at www.kidsguardian.nsw.gov.au/parentscheckthecheck

If you suspect that an adult is providing services to children without a Working With Children Check you can go online to make a confidential report or phone (02) 9286 7219.

Help to keep kids safe by sharing **#parentscheckthecheck** with your family and friends through your own social media networks.

LAKE MACQUARIE ROOS

FAMILY Free FUN DAY

Sunday 5th June • 10am to 2pm

Walters Park, Creek Reserve Rd, SPEERS POINT

A fun packed day for all the family including:

- JUMPING CASTLE • FACE PAINTING • TUG-O-WAR
- GOAL KICKING COMPETITIONS • BALL THROW • RAFFLES
- NOVELTY RACES - EGG N SPOON, 3 LEGGED, SACK & AGE RACES
- MARKET STALLS • VINTAGE CAR AND BIKE DISPLAY
- & MUCH MUCH MORE • CANTEEN WILL BE OPEN

Good for Kids good for life

ACTIVE PLAY ON A RAINY DAY

Rainy days can mean spending more time indoors and less time in active play. However, there are lots of fun activities to keep you moving indoors!

The next time you have a rainy day try these indoor activities:

- Hide and seek
- Dance competition/disco
- Balloon volleyball
- Charades
- Build an indoor fortress with chairs and sheets
- Hallway bowling with toilet paper rolls and a soft ball or rolled up socks



Or, brave the weather with a raincoat and gumboots and splash in the puddles!

Adapted from Murrumbidgee Local Health District Quick Bites



PHONE 4924 6499

Good for Kids good for life

HEALTHY LUNCHBOX INSPIRATION

When packing lunch boxes it's easy to fall into a routine. It can be difficult to think of new, interesting and healthy options to include. Why not try some of the following healthy ideas in your child's lunchbox?

- Pita pockets with tuna/corn/mayo mix
- Sushi rolls
- Rice cakes with low fat cheese and tomato
- Savoury muffins packed with vegetables
- Vegetable fried rice
- Mini pizzas from dinner leftovers
- Triple decker sandwich fingers
- Cheesy tomato vegetable pasta



For more healthy lunchbox ideas visit the 'Packing Healthy Lunchboxes' section of the Good for Kids website:

www.goodforkids.nsw.gov.au



PHONE 4924 6499

Good for Kids good for life

DROP THE TEMPERATURE, RAISE THE HEARTRATE

Indoor activities don't have to be boring! Although it's getting cold outside there are still plenty of ways to get the heartrate up this winter!

Here are some ideas that involve indoor active fun:

- Free indoor play grounds in shopping centres
- A visit to the science museum (often free entry)
- YMCA kids programs
- Gymnastics
- Indoor Trampolining
- Bowling
- Ice Skating
- Indoor skate parks, sports and swim centres



Why not look into what is available in your local area today and ask if they do discount deals for seasonal entry?



PHONE 4924 6499



ENGAGING ADOLESCENTS™ PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers
at Allambi Care

28 Fraser Pde, Charlestown

When: 6th, 13th & 20th June 2016

Time: 6pm – 8.45pm

Cost: \$20, light refreshments included.

Learn:

- ✓ Some common ground shared by parents & reasonable expectations to have about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self-check-in, first-for parents
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

What parents have said...

A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who's running it?

The trainer for this course is Michael Burke who works as an Adolescent & Family Counsellor in the East Lake Macquarie Local Government Area.

Registration is required

Limited spaces are available, please register for this course by contacting Michael before 3rd June 2016 ph. 0408 474 602.



ALLAMBI CARE

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au