



Education
Public Schools



Charlestown Public School

Newsletter Term 3 Week 7 – Wednesday 31 August 2016

A proud partner of the Whitebridge Community of Schools

Dear Parents/Carers

THANK YOU

On behalf of the students, staff, parents and the community we say 'thank you' and acknowledge the vital role that our SASS (School Administrative and Support Staff) have at our school. Members employed in public schools across NSW form one of the Public Service Association's biggest group of members, with about 6,400 School Administrative and Support Staff (nearly all women) and 400 General Assistants (mostly men).

The theme for SASS Recognition Week is '**SAS Staff Essential**' and in the ever changing world of Education our SAS Staff play a very important part of our school's successes. At Charlestown Public School our SAS Staff are greatly valued members of the school team and their contributions are significant in supporting the students, staff, parents and members of the school community. We say a huge thankyou to Mrs Stone, Mrs Langley, Mrs Christie, Mrs Dosen, Mrs Stead and Mr Thornton for their contribution to our school.

FRUIT AND VEG MONTH 2016

29 August to 23 September

Fruit & Veg Month is a health promotion program for NSW primary schools that puts a positive focus on fruit and vegetables. The program is supported by NSW Health.

The theme for 2016 is '*Vegetables are Funky!*' This means fun classroom activities that promote kids eating more vegetables.

ICAS WRITING RESULTS

Congratulations to Rylan T in gaining a Credit in the University of New South Wales Writing and to Jacob J, Chrystina, Katya, Chloe and Jimmy who gained Certificates of Participation.

STAFF CHANGES FOR END OF TERM

Mrs Gill will be taking Long Service Leave for the last 2 weeks of this term. Miss Wilks will teach 1G with Mr Dominick for this time. I will also be on Long Service Leave at the start of Term 4, with Mrs Gill relieving as Principal. Mrs Holt and Mrs Nolan will share the Assistant Principal role for the entire time Mrs Gill and I are on leave. Mrs Etherington is also returning in Term 4 for one day per week. She is expecting her second baby in February 2017. Congratulations to her, Josh and Toby!

DATES FOR YOUR DIARY

TERM 3 2016	
Term 3	K-6 Gymnastics – every Friday
2.9.16	Father's Day Breakfast
10.9.16	Election Day BBQ & Cake Stall 8 am – 1 pm
12.9.16	K-2 Wetlands Excursion
18.9.16	Bunnings BBQ - Belmont
21.9.16	Y5-6 Touch Gala Day
22.9.16	Y3-4 Charlestown Cup
23.9.16	Last day of term
TERM 4 2016	
10.10.16	Monday – all students return
25.10.16	Kinder 2017 Orientation Day
2-4.11.16	Stage 3 Canberra
18.11.16	K 2017 1 st Transition afternoon
2.12.16	K 2017 2 nd Transition afternoon
8.12.16	Presentation Day
12.12.16	Year 6 Farewell
15.12.16	Party Day
16.12.16	Last day of school for students

MINI OLYMPICS

How are the sponsors going for the mini Olympics tomorrow? The students are asked to come out of uniform dressed in their allocated country's colours. It will be a morning of wonderful activities at the park with plenty of exciting things to enjoy!

FATHER'S DAY BREKKIE

An invitation is extended to all Dads to come to school on Friday, 2 September between 8am and 9am and have breakfast at school with your children. The Staff and the School P&C will be providing breakfast in the Hall/Canteen area. It will also be a chance to read a story with your child as part of National Literacy Week.

HAVE YOUR SAY IN OUR SCHOOL

Each year we ask parents to share their opinions with us in regard to aspects of school life in order to evaluate current practices and identify focus areas for the future. This year the parent survey will once again be conducted online. The survey will take about 15 mins to complete and needs to be completed in one session. Parents and community members who wish to participate but do not have access to a computer, are welcome to make an appointment to use a school computer to complete the survey or may pick up a paper copy of the survey from the school office. The survey is open now and needs to be completed by the 6/9/16. There will also be copies of the survey for parents at the Father's Day brekkie.

The survey can be accessed via the following link:

<https://www.surveymonkey.com/r/QYL9H9F>

We thank you in advance for taking the time to share your thoughts. Your opinions are extremely important and valuable to us.

Have a great week.

Jayne Thompson
Principal

CLOTHING POOL HOURS

Wednesdays	2:45 pm – 3:15 pm
Fridays	9:00 am – 9:30 am

4/5J NEWS

How time flies! Term 3 is almost over.

This term we have introduced:

Kidsmatter, a program to help children recognise one another's strengths. We have become bucket fillers, not bucket dippers.

Mindsets, a program that encourages children to have a Growth Mindset opposed to a Fixed Mindset. eg. I may not be able to do it, but if I try, I will get there.

Resilience is our focus in the "You Can Do It" program this term. We are discussing ways of coping when things do not quite go the way that is expected.

Project Based Learning - Years 4, 5 and 6 are working on a Friday afternoon to complete a team project. All work will be completed with equal participation and cooperation by all team members. A presentation of the finished product will be given by all members of the team.

These are our Olympic sportspeople, designed with pipe cleaners and foil.



Our Art is based on the theme of Olympics. Children have completed artistic representation of a sport.



Mrs Nolan and Mrs Holt

SCIENCE CHALLENGE DAY

Last Friday students in Year 6 travelled to St Mary's High School to compete in a Science Challenge Day. Charlestown was one of nine schools to compete on the day.

Students worked co-operatively in teams to complete some very tricky challenges. These included Minipault, Electropolis, String Along, Build It, Get Over It and Earthquake.

Students in Green Group had a very successful day winning their section of String Along. Then in the afternoon session they were able to build a tower that was able to withstand 3kgs of weight using paper, tape and drinking straws in the Earthquake challenge.



Congratulations to Year 6 on their wonderful teamwork and behaviour on the day.

Miss Hale, Year 6 Teacher

LIBRARY NEWS

The library lunchtime activity schedule has been very popular with students, who are especially enjoying the competitions. Congratulations to "The Bros", the winners of our week 4 Lego engineering challenge. They successfully built the tallest structure that supported the weight of a tennis ball.

Congratulations also to Ryan D and Jimmy, who successfully made the qualification distance of 12 metres in our Week 5 paper plane competition. Their video entries will now be submitted to the Young Scientists NSW All Schools Paper Plane Competition regional division. And last week's entrants into the Oxford Roald Dahl dictionary competition have also been submitted to Oxford University Press. Good luck with your entries!

As part of the National Literacy and Numeracy week celebrations, this Friday 2 September is "Read for Australia" day. We will be conducting a read along session of Irena Kobald's beautiful book "My Two Blankets" in the hall after the father's day breakfast. Dads and any other family and friends are welcome to come along and listen to the story and share other books with the students.

The Premier's Reading Challenge reading log entries closed for online entry last Friday. Well done to all of our super Charlestown readers who participated this year. Certificates will be issued in Term 4.

Mrs Nash, Relieving Teacher Librarian





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Nutrition Snippet

The simplest way

...to get behind Fruit & Veg Month.

Vegetables are funky!

That's the tune NSW primary schools will be singing during Fruit & Veg Month from August 29 to September 23.



The Healthy Kids Association initiative aims to:

- remind kids why fruit and veg are so good for them;
- increase the amount and variety of fruit and veg that students eat and;
- encourage kids to try new fruits and vegetables.

Add fruit and veg to the lunch box and in meals and snacks at home and you'll be well on your way to helping your kids set up healthy habits for life.

Go to eatittobeatit.com.au for recipe ideas and fruitandvegmonth.com.au for Fruit and Veg Month news.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit



COMMUNITY NEWS



2016/17 SEASON

U/6's – U/14's

REGISTER ONLINE NOW

<http://bit.ly/2bYPcOg>

REGISTRATION DAYS

Saturday 3rd September 10-12pm

Sunday 11th September 2-4pm

For more information:

Like 'Redhead Nippers' on Facebook and find 'Redhead SLSC Nippers' on Team App

CANTEEN NEWS AND ROSTER

Thur	1.9.16	J Battle, A Lee
Fri	2.9.16	No orders—counter service at lunch only K Style, T Black
Mon	5.9.16	CLOSED
Tues	6.9.16	CLOSED
Wed	7.9.16	? help needed OR CANTEEN WILL BE CLOSED

URGENT CANTEEN HELP NEEDED

The Canteen has a vacancy on Wednesday 7/9, 2/11 & 30/11, if you are able to assist please leave your details at the office.

The Sydney Markets 'Eat Fresh & Win Canteen Campaign' is starting this week (competition commences Monday 8 Aug and concludes Friday 16 September). Prizes include Home entertainment pack including a 32" LED LCD TV and a 3D Blu-ray Player, ipad mini 16GB Wi-Fi. Children will receive promotional material if they purchase fresh fruit from the canteen.

Family Matters @ wellness centre

Talks for Mums, Dads and Carers of babies, toddlers and pre-school

We will be exploring development, behavior and emotions and suggesting practical strategies.

Presenters will include Pediatrician Dr Rebecca Russell, Occupational Therapist Rhiannon Pilgrim, Parenting Consultant Helen Davison and Speech Pathologists Michelle Batey and Amy Pollitt. Each talk will include a question time.

NOTE New Dates and Times
Tuesday evenings at Whitebridge
Wellness Centre – corner of Dudley Rd
and Bulls Garden Rd Whitebridge.



13 September at 6pm - Fine and gross motor development in children and how to promote school readiness.

18 October * – Sleep, understanding babies and toddlers routines, preschool environment and sleep disorders
PLUS "Poo" talk (constipation is common!), toilet training and signs of readiness.

8 November * - Language development, talking and reading with your baby plus activities including music and reading.

*Time to be advised – visit wwcentre.org.au or ring 49460580

Booking essential – email info@wwcentre.org.au or ring 49460580
Cost: Donation to the Wellness Centre.

Enquiries: Rhiannon 4023 2333

Issued 22 August 2016



SOC Family Picnic Day

Raising funds for ovarian cancer patients in the Hunter Region

Join us for a fun Family Picnic Day at
Edgeworth Trains (Lake Macquarie Live Steam)
 Off Velinda Street, Edgeworth
Sunday 11th September 10 am – 3 pm

\$10 per child - \$25 maximum, which includes:

- ☒ Unlimited train rides
- ☒ Jumping Castle
- ☒ Magician and Face painting from 11 am – 2 pm

There will also be:

- a coffee van onsite
- Sausage sizzle lunch and drinks for purchase and
- a Cake Stall

PLEASE NOTE:
 Tickets are to be purchased on the day
 Fully enclosed footwear **MUST** be worn to ride the trains
 If raining, the event may be postponed
 Information will be updated on Facebook and our website

For more information, visit our website: www.supportersofcancer.com.au or contact Karen on 0408 681 936

CFN/21946

CHARLESTOWN Public School FETE

Friday 11th Nov
3 - 6pm



We are in need of Donations for our School Fete for our Bric A brac Stall.
 Helpful items include;

* Childrens Toys * Books * House hold items (No electrical items please) * Plants etc....

Please drop all donations at the school office

Also if you know any businesses in our local area, that would like to donate prizes for our chocolate wheel. Please contact us or give our details to them



cpsfete@hotmail.com

Thankyou for your continued support

Charlestown Public School P & C Association

your voice | events & planning | canteen | Uniforms

CHARLESTOWN PUBLIC SCHOOL P & C ASSOCIATION UPDATE

The P & C have a number of events in coming months which we require your assistance with.

Father's Day Breakfast – Friday 2nd September from 8.00 – 9.00am

Together with the teachers we will be serving Bacon & Egg rolls to students and their fathers on the day in return for a GOLD COIN donation.



Lake Macquarie Council Election Day BBQ and Cake Stall – SATURDAY 10th September from 8 am – 1pm

We require assistance on this day to serve bacon and egg rolls, sausage/steak sandwiches and drinks. We will also be selling cakes/biscuits/slices and of course lamingtons !

If you are able to supply any homemade cakes/biscuits/slices that can be sold on the day we need all goods to be clearly labelled with the ingredients that were used. These can be delivered to the school on the Friday afternoon or early on the Saturday morning.

Bunnings BBQ Belmont – Sunday 18th September from 8 am til 4 pm

The P & C will be hosting the BBQ on this day, this is a great fundraiser for the school. We require assistance in the cooking and serving of sausage sandwiches and drinks.

School Fete – Friday 11th November from 3pm til 6pm

Planning is underway for the Fete. If you own a business or know a business that would like to donate prizes for either the raffle or the Chocolate Wheel. Please leave your contact details at the office and we will be in touch. For the Fete to be a successful event, we require your help.

I am able to assist with :

Father's Day Breakfast – Friday 2nd September from 8.00 – 9.00 am

- ☐ 7.30 – 8.30 OR
- ☐ 8.30 – 9.30

Name :Contact Number :



Lake Macquarie Election Day BBQ and Cake Stall – Saturday 10th September

- ☐ 7.30 – 9.30 ☐ 9.30 - 11.30 ☐ 11.30 – 1.30

- ☐ I will provide donations of homemade cakes/biscuits/slices

Name :Contact Number :

Bunnings BBQ Belmont – Sunday 18th September from 8.00am to 4.00 pm

- ☐ 8.30 – 11.00
- ☐ 11.00 – 1.30
- ☐ 1.30 – 4.00

Name :Contact Number :

FETE – Friday 11th November from 3.00 to 6.00 pm

- ☐ 2.00 – 3.00
- ☐ 3.00 – 4.00
- ☐ 4.00 – 5.00
- ☐ 5.00 – 6.00

Name :Contact Number :