



Charlestown Public School

Newsletter Term 3 Week 9 – Wednesday 14 September 2016

A proud partner of the Whitebridge Community of Schools

Dear Parents/Carers

YOU CAN DO IT

Our schools "You Can Do It" program is a wonderful way of reinforcing positive messages about developing important social skills. This term we have been teaching students about resilience. Some tips for developing resilience in children are:

- Commend your child for the things they are good at
- Be a good role model yourself; kids notice how well you cope with stress and then copy your behaviour
- Teach your child to accept that life sometimes isn't fair and that they need to adapt to challenging circumstances
- Involving them in extra-curricular activities helps with social skills but also develops resilience.

SCHOOL SWIMMING PROGRAM

The DEC swim school program is on once again in term 4. This is combined with our own school's swim program for all students Years 2-6. The P&C are generously subsidising swim school, reducing it from \$35 to \$25 per child. Thank you so much to our wonderful P&C!!!

HALL OF FAME

It is that time of year again where we are asking for nominations for the CPS Hall of Fame. The nominations are of ex-students of CPS who made an outstanding achievement in their field. Please think hard as the nominations need to be in by the end of Week 2 Term 4 (21 October)

DATES FOR YOUR DIARY

	TERM 3 2016
Term 3	K-6 Gymnastics – every Friday
18.9.16	Bunnings BBQ - Belmont
21.9.16	Y5-6 Touch Football Gala Day
22.9.16	Y3-4 Charlestown Cup
23.9.16	Last day of term
	TERM 4 2016
10 to 21.10.16	Y2-6 Swim Program 1:45-3pm for 10 days
10.10.16	Monday – all students return
12.10.16	Y6 WHS Uniform fittings 9am at CPS
18.10.16	Lion King Excursion
25.10.16	Kinder 2017 Orientation Day
2-4.11.16	Stage 3 Canberra
11.11.16	School Fete 3.00-6.00pm
18.11.16	K 2017 1 st Transition afternoon
2.12.16	K 2017 2 nd Transition afternoon
8.12.16	Presentation Day
12.12.16	Year 6 Farewell
15.12.16	Party Day
16.12.16	Last day of school for students

UNSW ENGLISH

Congratulations to Jacob J and Chloe in Year 3 who gained credits in the English UNSW tests. Well done!

SURVEYS

Thank you to the 38 families who completed the school survey during the past few weeks. Your opinions and thoughts are extremely important to us and point us in the direction for next year as well as evaluating this year. Some results in a snapshot include:

- 98% agreement that CPS is an attractive and well-resourced school, eg classrooms, library and grounds

- 97% believe the school is a happy and safe place for their child
- 90% agree that there is a wide range of extra-curricular activities offered
- 95% believe that the school is a friendly place that is tolerant and accepting of all students
- 94% support the behaviour management strategies being used within the school
- 98% agree with the school focus on literacy and numeracy
- 100% agree that the school community is invited regularly to school events
- 100% agree that positive relationships exist between the school and its community
- 97% agree that the student wellbeing programs being used in the school are effective

The school also uses a wide variety of technology in all classrooms each day. From smartboards, iPads, laptops, standalone computers and our beebots and probots used for coding, we are very well resourced in technology. Students attend the computer room weekly for class lessons and also use the computers for research in the Library. There are many apps, games and websites given to the students to improve their learning. Our students from Yrs 4-6 are using project based learning to improve their 21st century learning skills, whilst individual and small group projects are occurring in Yrs 2 and 3.

SAD NEWS

Our deepest sympathies are extended to Nathaniel T and his family on the loss of his father David who passed away suddenly on Monday night.

Kind regards

Jayne Thompson
Principal

LIBRARY NEWS

We have so many lovely new books that we have a covering backlog! We are therefore holding a parent book covering session in the last week of term, Thursday 22 September, 12:30 - 1:30pm.

If you are interested in helping to cover some of our books, please leave your name and contact number at the office. If you have not already done so, you will also be required to complete a Working With Children Volunteer Declaration (copies available at the office).

Lunchtime activities continue this week with book page making. The ABC program Behind the News (BTN) is running a campaign to develop a 'Welcome to Australia' book for refugee children - currently adult refugees receive a welcome pack but there is nothing in there for children. As a school we are participating in the campaign, by inviting students to develop a page for this welcome book at lunchtime in the library. These will be sent to BTN at the end of this term. One of our students may become a published author/illustrator if successful!

Please ensure that library bags are sent with your students on their library day. We are accepting donations of plastic bags (shopping type) - this allows students who have forgotten their bag to still borrow books. If one of these "borrowed" bags comes home with your student, please return it to school the next day so that other students can also benefit from it.

Kirsty Nash
Relieving Teacher Librarian

WETLANDS

K-2 participated in a range of activities at the Wetlands Centre yesterday including bush walking, dip netting and bird watching. The weather was perfect, the children's behaviour was fantastic and we all had a lot of fun.

Naomi Drysdale on behalf of K-2 teachers





CLOTHING POOL HOURS

Wednesdays	2:45 pm – 3:15 pm
Fridays	9:00 am – 9:30 am

CANTEEN NEWS AND ROSTER

Thur	15.9.16	A Jeayes, L Jones
Fri	16.9.16	No orders—counter service at lunch only J Hope, L Maddison
Mon	19.9.16	CLOSED
Tues	20.9.16	CLOSED
Wed	21.9.16	S Taylor, N Filo
Thur	22.9.16	K Style, T Black, M Rowe
Fri	23.9.16	No orders—counter service at lunch only P McNally, L Lee
Term 4		
Mon	10.10.16	CLOSED
Tues	11.10.16	CLOSED
Wed	12.10.16	L Maddison, N Toavanua, B Sacmaroski
Thur	13.10.16	A Jeayes, L Jones

CANTEEN NEWS

We are trialling a new item at the canteen, it is 'Twisted' Watermelon and Mango flavoured Frozen Yoghurt. It is classified as an amber product and is selling for \$2 per tub.

COMMUNITY NEWS

VACATION CARE

HunterSports Centre

COME & JOIN US THESE SCHOOL HOLIDAYS, WE WILL HAVE YOU REACHING NEW HEIGHTS PARTICIPATING IN PROGRAMS SUCH AS:

GYMNASTICS	TRAMPOLINING	ATHLETICS	TEAM CHALLENGES
TABLOIDS	ART/CRAFT	BUSHWALKING	DRAMA
SCIENCE			

Vacation Care is available from
MONDAY 26th SEPTEMBER - FRIDAY 7th OCTOBER
(closed Fri 30th Sept due to major event & Mon 3rd Oct due to public holiday)
7.30am - 6.00pm Meals Included

The Hunter Sports Centre also runs
 Gymnastics Holiday Programs & Skills Clinics
 For further information visit our website

The Hunter Sports Centre has achieved a Meeting National Quality Standards rating under the National Quality Framework.

The Hunter Sports Centre
 PO Box 3187 • Glendale NSW
 P. 4953 6366 • F. 4953 6587

BOOKINGS FOR ALL PROGRAMS ESSENTIAL
 Contact the Centre
www.hsc.org.au

FUN HOLIDAY

Workshops!

With our own unique BRICKS 4 KIDZ® models and creative play with LEGO®, Kids are always having fun at our popular Holiday Workshops.

**GREAT LOCAL VENUES
LOCALLY OWNED AND OPERATED**

- * Remote Control Mania
- * Pokemon*
- * Galaxy Far Away

- * Mining and Crafting
- * Advanced Brick Challenge (9+)
- * Superheroes, Ninja's and More...

BOOK ONLINE NOW!
 or Phone Brad 0499006056
 For More Info.

NEW "QUICK BRICKS"

FULL DAY	\$80
HALF DAY	\$40
QUICK BRICKS	\$24

Bricks4kidz.com.au/NSW-LakeMacquarie/

PLAY Water Polo with Easts

Beginner or Experienced Players Welcome!
 A GREAT WAY TO HAVE FUN
 USE OR IMPROVE YOUR SWIMMING SKILLS
 GAIN FITNESS
 UNDER 14s, 16s TO OPEN MEN & WOMEN

Come and Try!—Pre Season Training
 Sat. Sept 10th, 17th, 24th
 Charlestown Pool, 9.30am – 10.30am
 For learners and those who want an early start in the warm pool.

ALL ENQUIRIES
 Mark Davy 0401 350381
 More details:
eastswaterpolo@gmail.com
Find us on Facebook
 Search: Easts Water Polo

Family Matters @ WHITEBRIDGE wellness centre

Talks for Mums, Dads and Carers of babies, toddlers and pre-school

We will be exploring development, behavior and emotions and suggesting practical strategies.

Presenters will include Pediatrician Dr Rebecca Russell, Occupational Therapist Rhiannon Pilgrim, Parenting Consultant Helen Davison and Speech Pathologists Michelle Batey and Amy Pollitt. Each talk will include a question time.

NOTE New Dates and Times
Tuesday evenings at Whitebridge Wellness Centre – corner of Dudley Rd and Bulls Garden Rd Whitebridge.



13 September at 6pm - Fine and gross motor development in children and how to promote school readiness.

18 October * – Sleep, understanding babies and toddlers routines, preschool environment and sleep disorders
PLUS "Poo" talk (constipation is common!!), toilet training and signs of readiness.

8 November * - Language development, talking and reading with your baby plus activities including music and reading.

*Time to be advised – visit wwcentre.org.au or ring 49460580

Booking essential – email info@wwcentre.org.au or ring 49460580
Cost: Donation to the Wellness Centre.

Enquiries: Rhiannon 4023 2333

Issued 22 August 2016

Charlestown Uniting Church's Kids Holiday Fun Club

24-26 Milson Street, Charlestown
Wednesday 28th September 2016

(Children in Years K - 6)
9.30am – 3.30pm
Cost \$10/Child (maximum family payment \$20) Includes morning tea, lunch and afternoon tea

Registrations & payment essential by 23/9/2016
No registrations will be taken on the day
Registration forms and payment can be posted to:
Charlestown Uniting Church
P O Box 449
Charlestown. 2290

For all enquires please phone:
Cathy 4908 1083 OR Laraine 4944 7826

Charlestown Presbyterian Church Presents our...

Holiday Kids' Club



9:30am-12:00pm, Sept 27-29 2016

\$5 / day or \$12 / 3 days. 3rd family member free. Morning Tea provided.

Contact Suzie (0435 528 511 or aaronandsuzie@hotmail.com)

Rego closes September 20



HUNTER WETLANDS CENTRE
1 Wetlands Place, Shortland, NSW 2307
PO Box 66, Shortland NSW 2307
Phone: 02 4951 6466 Fax: 02 4950 1875
Email: marketing@wetlands.org.au Web: www.wetlands.org.au

School Holiday Activities

SEP/OCT SCHOOL HOLIDAY PROGRAM AT THE HUNTER WETLANDS CENTRE

Kids - Become a Citizen Scientist
For 7 to 10 years 10.00am - 12.30pm
For 11 to 14 years 10.00am - 12.30pm
Wednesday 28th September **Cost: \$20 per child - Bookings Essential**
Come and join us for bird spotting and feather collecting get to know our wetland birds. Find out how Dr Kate Brandis is creating a feather map to help save our unique wetlands

Bush Skills For 8 to 12 years 9.30am - 12.30pm
Tuesday 4th October **Cost: \$20 per child - Bookings Essential**
Make (and eat) a damper, build a bush shelter, enjoy a guided walk and learn basic survival skills. Get up close and personal with some of our resident reptiles.

"Dinosaur" Ducks For 4 to 8 years 10.00am - 12.30pm
Tuesday 4th October **Cost: \$20 per child - Bookings Essential**
Meet our resident endangered Freckled Ducks. Make a bird caller and see if they call back. Includes a reptile encounter, craft and duck tales.

Sand Art Fun Drop in between 10.00am - 12 noon
Tuesday 27th September **Cost: \$5 per child (plus \$2 entry)**
Use coloured sand to create an amazing picture you can take home.

Wetlands Explorer For 4 to 12 years
Available any time during the school holidays. **Cost: Free**
Collect your map and follow the trail. Answer the questions and become a Wetlands Explorer. Go in the draw for a weekly prize.



For all the above activities - Bookings Essential Ph: 4951 6466

Bring the family to the Hunter Wetlands Centre
A fun, environmentally friendly learning experience!
Open 9am to 4pm

Entry
\$2 per primary-school age child (special school holiday rate). Under 3 free. \$5 general entry.

Activities

- Watch the Maggie Geese Feeding at 10.30 am.
- Try Dipnetting from the jetty.
- Playtime at Discovery Playground.
- Check out the creatures in the tanks in the Visitor Centre.
- Reptile Encounter - Children can learn about reptile behaviour and care. They can handle some of the reptiles from the tanks in the Visitor Centre. Check at front desk for times.
- Cafe - meals, snacks, ice creams, drinks.
- Shop - affordable gifts for children & adults.

Please note: we are open Monday of the long weekend.

Centre/Event/School Holiday/2016/School Holiday Program Sep-Oct 2016

Are you a stay-at-home parent with a desire to **START SOMETHING NEW?**

The **Business Growth Centre** is offering workshops during school hours (10am - 2pm) that can help you turn a bright idea into a viable business.

Workshops commence 18 October 2016.

Book today. Register at:
www.businessgrowthcentre.org.au

For more information call 4942 3133.



FREE & fun program for fitter, healthier, happier kids!

Are you worried about your child's weight?
Go to www.go4fun.com.au to see if your child could do Go4Fun.

Go4Fun is a FREE 10 week program which runs over one school term after school hours. During the program children and their families get involved in fun games and activities and learn about delicious nutritious foods they can eat every day.

Children need to be 7-13 years old and a parent or carer also needs to attend. Younger and/or older siblings are encouraged to attend.

Go to www.go4fun.com.au or call 1800 780 900 to see if your child could do Go4Fun.

**Club Nights start Tuesday
11th October at 6.45pm**

CHILDREN 7YR/U JOIN FREE!!



To **register** as a **NEW** member please email the Club, charlestownswimclub@gmail.com for further information.

EXISTING members will receive an email with a link to renew their membership.

We welcome swimmers of all ages and look forward to seeing you on our first night.

Membership fees including Swimming NSW & Swimming Australia affiliation, Insurance, Coast and Valley Affiliation, Charlestown Pool entry and Club fees to cover the period 1.10.16 to 30.09.17.

1st Swimmer \$140.00
2nd swimmer in same family \$130.00
3rd and additional swimmers in same family \$105.00
Non-swimmer/Committee Member \$25.00
2nd claim swimmer \$70



**September/October
2016 VACATION CARE**

Care for as little as
\$4.35 per day!
Ask us how!

Week 1:	Monday 26 th September	Tuesday 27 th September	Wednesday 28 th September	Thursday 29 th September	Friday 30 th September
	\$40 KidzCare Survivor	Excursion: \$55 Movies: The Secret Life of Pets	\$40 Crack the Code	\$40 Spring Fair	Excursion: \$55 Laser Tag

Week 2:	Monday 3 rd October	Tuesday 4 th October	Wednesday 5 th October	Thursday 6 th October	Friday 7 th October
	PUBLIC HOLIDAY CLOSED	Excursion: \$55 FlipOut	\$40 Safety Day	Excursion \$55 Ten Pin Bowling	\$40 Halloween Disco

CCB and CCR can be claimed on total cost for each day!

PH: 02 4948 6622

Em: lakemacquarie@pcynsw.org.au

PCYC KidzCare Lake Macquarie, 8A Lake St, Windale NSW 2306



CHARLESTOWN PUBLIC SCHOOL P & C ASSOCIATION UPDATE

The P & C have a number of events in coming months which we require your assistance with.

Bunnings BBQ Belmont – Sunday 18th September from 8 am til 4 pm

The P & C will be hosting the BBQ on this day, this is a great fundraiser for the school. We require assistance in the cooking and serving of sausage sandwiches and drinks.

School Fete – Friday 11th November from 3pm til 6pm

Planning is underway for the Fete. If you own a business or know a business that would like to donate prizes for either the raffle or the Chocolate Wheel. Please leave your contact details at the office and we will be in touch. For the Fete to be a successful event, we require your help.

I am able to assist with :

Bunnings BBQ Belmont – Sunday 18th September from 8.00am to 4.00 pm

- 8.30 – 11.00
- 1.30 – 4.00

Name :Contact Number :

FETE – Friday 11th November from 3.00 to 6.00 pm

- 2.00 – 3.00
- 3.00 – 4.00
- 4.00 – 5.00
- 5.00 – 6.00

Name :Contact Number :



What we can confirm so far . . . **SIDESHOW ALLEY** **BBQ**
Mega raffle **Showbags** **CAKE STALL**
LEGO DISPLAY **BOX MAZE**

With only 9 weeks to the fete it is time to ask for your assistance . . .

- Do you have any books, plants or bric a brac that we could sell at the Fete ?
Please Note : We are not able to accept electrical goods or items of clothing.
- For Sideshow alley we need prizes – do you have any unused kids stationary items for eg pencils, erasers ?
 - New toys or novelties ?
 - Chocolates any size any variety ?
- Do you own a business or know someone who would be willing to donate a prize for the Chocolate Wheel ?
- Can you spare an hour on the night to assist with the stalls? To ensure ALL parents are able to enjoy the night we need volunteers.

If you have any questions about the Fete, please email cpsfete@hotmail.com