



Education  
Public Schools



# Charlestown Public School

Newsletter Term 3 Week 6 – Wednesday 23 August 2017

A proud partner of the Whitebridge Community of Schools

Dear Parents

## COMMUNITY FORUM/DISCO

Our Community Forum/Disco was a resounding success last Monday. Thank you so much for your thoughtful ideas and constructive input into the strategic directions of CPS for the coming three years. It was wonderful to have so many parents attend the forum. Thanks also to the staff who have given up their time to support the school. There were some amazing crazy hair creations! Congratulations and thank you for your support.



## HAVE YOUR SAY IN OUR SCHOOL

Each year we ask parents to share their opinions with us in regard to aspects of school life in order to evaluate current practices and identify focus areas for the future. This year the parent survey will be conducted online. The survey will take about 15 mins to complete and needs to be completed in one session. Parents and community members who wish to participate but do not have access to a computer are welcome to make an appointment to use a school computer to complete the survey or may pick up a

paper copy of the survey from the school office. The survey is open now and needs to be completed by the 8/9/17. The survey can be accessed via the following link:

<https://www.surveymonkey.com/r/6Q8DJRF>

We thank you in advance for taking the time to share your thoughts. Your opinions are extremely important and valuable to us. This survey, combined with your input from the Community Forum will greatly assist in our forward planning.

## DATES FOR YOUR DIARY

	TERM 3 2017
	K-6 Gymnastics (T3 every Wednesday except 16.8.17)
24.8.17	Y4-6 Cyber safety/bullying 2:45 Parent session Snapchat/ Instagram 3:15 in Library
1.9.17	Father's Day Breakfast 8-9am
6.9.17	School Council Meeting 7pm
12.9.17	Y5 Buddy Training
14-15.9.17	K-6 Concert Dress Rehearsal
18.9.17	K-6 Concert
20.9.17	P&C Meeting 9:30 am
21.9.17	Y3-4 Charlestown Cup
24.9.17	Sunday – Bunnings Belmont BBQ – helpers needed please!

## FATHER'S DAY BREKKIE

An invitation is extended to all Dads to come to school on Friday, 1 September between 8am and 9am and have breakfast at school with your children. The Staff and the School P&C will be providing breakfast in the Hall/Canteen area. For catering please return to office RSVP slip by 9am 30 August.

## LEADERSHIP DAY

Last Thursday Year 6 went to Leadership Day at Kahibah Public School. The following comments were made by Mrs M Morrow (relieving Deputy at WHS), *"I was really impressed with the kids and their behaviour. A credit to you all. I look forward to seeing them in Term 4 at Have a Go Day."* The students were fortunate to have Kurt Fearnley as one of their guest speakers and thoroughly enjoyed their experiences with other students in the WCoS.

## CYBER SAFETY

As the internet becomes an increasingly important mode of communication and socialisation, we need to be talking to children about keeping themselves and others safe at all times. It can be a challenge for adults to keep up to date about how to support children to do this, as new sites and forms of social media are being developed all the time. Here is some useful information on cyber safety that might be useful for families.

### Children's internet activity

The internet is an incredible tool. It offers the chance to become part of an enormous virtual community connected by mutual interest rather than geography. The internet can provide young and old users benefits, including:

- independent learning and research skills, and
- improved communication skills, through experience with learning technologies to access and create resources, and communicate with others.

Children access the internet for entertainment, research, school assignments and to communicate. In doing so they can also, often unknowingly, place themselves in risky situations. This includes by:

- giving out personal details about themselves to people or organisations they don't know
- posting unsuitable information online
- agreeing to meet people they've only ever met online, without speaking to a parent or carer
- using provocative pseudonyms

- sharing passwords
- posting public profiles about themselves
- unsafe browsing or searching
- opening messages from people they don't know
- responding to unpleasant or suggestive messages
- using online games or virtual worlds for people over 18 only
- accessing inappropriate or illegal material.

Not all internet users will experience problems. However, ensuring children understand these risks and have the knowledge to be cybersafe is important when accessing the internet at home, at school and in public places.

Tomorrow Nathan Johns, Police Youth Liaison Officer, will be speaking to the students in Yrs 4-6 about internet safety. He will also conduct a parent talk at 3:15 for half an hour after school to explain the internet and social media sites. I will provide childcare after school if you would like to attend the meeting with Nathan Johns.

## NAPLAN ONLINE READINESS

This term schools across NSW will be completing the NAPLAN online school readiness test. The school readiness is a "practise run" designed to help schools assess their technical and administrative readiness for the transition to NAPLAN Online.

CPS students in Yrs 3 and 5 will be completing NAPLAN Online between Monday and Friday of next week. The students will sit two 40 minute assessments, a Writing test and a combined Literacy/Numeracy assessment. (Yr 3 students will not complete the Writing test this year.) It is important to note that participation in NAPLAN Online will have no bearing on NAPLAN results in the paper based tests from May.

For more information visit the NAPLAN Online website:

<https://education.nsw.gov.au/teaching-andlearning/student-assessment/naplan-online>

## SPORTING NEWS

Next week Will J will be representing the Hunter region in the NSW PSSA Hockey championships in Wyong. We wish him all the best. As coach of the Hunter PSSA netball team I will also be absent in Tamworth at the state titles. Mrs Gill will be relieving principal from Monday-Thursday. I look forward to seeing you at the Father's Day breakfast on Friday.

## PREMIER'S SPORTING CHALLENGE

During terms 2 and 3 the students have been participating in the Premier's Sporting Challenge completing at least 30 minutes of physical activity each day. On Monday students run around the park, Tuesday everyone completes the wonderful aerobics sessions by Mrs Thomson, Wednesday is gymnastics, Thursday students join in to hurdles and ball games and on Friday it is competitive games and/or fundamental movement skills. Physical activity is not only good for students' health, but research shows physically active kids learn more effectively.

## NOTES GOING HOME TODAY

- Term 4 Swimming Program Years 2-6
- Concert notes general & class
- Stage 3 Camp info
- Y5-6 Life Skills PDHPE program
- Concert Meal Deal
- Knockout Cricket Team note

## COFFEE and CHAT

Looking forward to seeing you with Miss Jodie at 2:45pm for our weekly coffee and chat. Next week Mrs Gill will replace me at coffee and chat.

Have a wonderful week.

Jayne Thompson  
Principal

## LEADERSHIP DAY

Last Thursday, students in Year 6 went to Kahibah Public School to participate in the annual WCOS Leadership Day. Students had a wonderful day being inspired by guest speakers, learning about leadership roles available at Whitebridge High School from students at the school, and working on group tasks with students from other WCOS schools.



### Will J

Last Thursday we went to Leadership Day at Kahibah. We got to meet Kurt Fearnley. He talked to us about how he got his inspiration for wheelchair racing. Kurt also talked about how you don't have to be the Prime Minister or School Captain to be a leader. He showed us his Olympic medals from Rio last year. He got a silver and bronze medal. It was awesome to get a photo with him.



### Matilda

On Thursday at Leadership Day we did a lot of different activities with children from other schools. We made newspaper clothes, played number one fan, rabbit – boing and listened to DJ Algorithm.

The newspaper clothes were my favourite activity. We made skirts, glasses, shirts, hats and fabulous belts. Then they were modelled on the catwalk.





Different speakers came to speak to us. They included Kurt Fearnley, Jacob from Charlie's Run 4 Kids and students from Whitebridge high School.



### 3/40 NEWS

This year has zoomed by! It is hard to believe that we are already into the second half of Term 3!

This term has already been very busy. We have had our school Athletics Carnival, Zone Athletics, NAIDOC Celebrations and Education Week activities all in the first 3 weeks of term.

We have begun rehearsing and creating costumes and props for our class performance which will form part of the School Concert in Week 10. A note has been sent home this week with details about the major school event. A second note detailing costumes has also been sent home. Please discuss the note with your child and start thinking about your child's costume.

Please remember to return the note and money for the upcoming Charlestown Cup. I encourage all students in Years 3 and 4 to participate in the Charlestown Cup in Week 10. It is a great day for all students to have a go at a fantastic range of sports including golf, T-Ball, soccer, Oz-Tag and European Handball.

We have been very lucky to have Miss Remy Spillane join our class this term. Miss Spillane is from Newcastle University and is completing her internship at Charlestown Public School. The students have been working with Miss Spillane across all curriculum areas. We are looking forward to doing some cooking in class as part of our unit on Procedures!

We enjoy our Reading and Writing Groups each morning. Parent helpers are always most welcome, so if you have some spare time in the morning please feel free to come in and lend a hand. If you are interested, please see me after school to organise a suitable day.

Thanks

Mr Andrew Overdijk

### CANTEEN ROSTER

Thur	24.8.17	T Stevens, L Fluechter
Fri	25.8.17	<b>No orders - counter service at lunch only</b> L Lee, E Nelson
<b>Mon</b>	<b>28.8.17</b>	<b>Closed</b>
<b>Tues</b>	<b>29.8.17</b>	<b>Closed</b>
Wed	30.8.17	S Taylor, N Filo

### CLOTHING POOL HOURS

<b>Wednesdays</b>	<b>2:45 pm – 3:15 pm</b>
<b>Fridays</b>	<b>CLOSED</b>

## COMMUNITY NEWS



### NIPPERS REGISTRATION NOW OPEN

[merewetherslsc.com.au](http://merewetherslsc.com.au)

[f](https://www.facebook.com/merewethernippers) [i](https://www.instagram.com/merewethernippers) [@merewethernippers](https://www.twitter.com/merewethernippers)



## 4 MILLION AUSTRALIANS ARE HEARING IMPAIRED OR DEAF

Hearing Awareness Week focuses on the fragility of hearing health and ways to protect it.

The Week begins Sunday 20th August 2017. It aims to eliminate the stigma, isolation, lack of work opportunities, and the associated health issues to improve the overall quality of life for people with deafness or hearing impairment.

One in six Australians is affected by hearing loss – that's an estimated 3.5 million people.

Hearing loss in Australia is mainly mild in nature, but one third of people experience a loss that is moderate or severe to profound.

The prevalence of hearing loss rises from 1% for people aged younger than 15 years to three in every four people aged over 70 years.

The number of Australians who are hearing impaired or deaf is increasing because of long-term exposure to excessive noise in the workplace, the environment and a result of an ageing population. Hearing loss is projected to increase to 1 in every 4 Australians by 2050.

It is often described as the 'invisible disability'. This is partly because hearing aids tend not to be obvious and also because those affected are often isolated through lack of access to communications.

"As technology advances, many people with hearing loss benefit from hearing aids and cochlear implants. These innovations have made a positive difference in the way they can communicate and enjoy their lives, but communication can be exhausting for a hearing impaired person, even with a hearing aid or cochlear implant.

People often wait for years before they seek help for their hearing loss. They ignore the signs, which include turning the TV or stereo up so loud that others complain, frequently needing to ask others to repeat themselves and not being able to hear properly on the telephone.

The number of Australians who are deaf or hearing impaired is increasing because of long-term exposure to excessive noise - often in the workplace – accidents, the environment and the ageing of the population.

Visit [www.hearingawarenessweek.org.au](http://www.hearingawarenessweek.org.au)

# HEARING awareness WEEK

**PCYC** CUPCAKE & FRIENDS DAY

**LAKE MACQUARIE**  
2B Lake St, Windale  
4948 6622  
lakemacquarie@pcycnsw.org.au

**CRAFT**

**REPTILES**  
KYM THE REPTILE MAN

**EXCURSIONS**

**GAME TIME!**

**GYMNASTICS**

**FUN!!!**

**EXCUSE ME**

**IT'S ALL ABOUT ME**

**WORLD HEART DAY**  
29th Sept

**FLIPOUT**

**KIDZ(CARE)**  
POLICE CITIZENS YOUTH CLUBS

**BOOK YOUR SPOT NOW!!!**  
49486622

**THEME DAYS**  
**DRESS UP DAY**  
**POLICE SAFETY TALK**  
**FRIENDSHIP DAY**

## P&C NEWS UPDATE

Dear Parents

### School Performance Raffle

With the school performance scheduled for September we are now seeking donations for prizes for the Performance raffle. If you own a business or know a business that would like to donate prizes for the raffle please leave your contact details at the office and we will be in touch.

The P & C will be supplying an iPad for 1st prize. We are hoping to get tickets sent home in late August.

The P & C also have a number of events in coming months which we require your assistance with.

### Father's Day Breakfast – Friday 1<sup>st</sup> September 2017 from 8.00 – 9.00am

Together with the teachers we will be serving Bacon & Egg rolls to students and their fathers on the day in return for a GOLD COIN donation.

### Bunnings BBQ Belmont – Sunday 24<sup>th</sup> September from 8 am til 4 pm

The P & C will be hosting the BBQ on this day; this is a great fundraiser for the school. We require assistance in the cooking and serving of sausage sandwiches and drinks.

I am able to assist with:

### Father's Day Breakfast – Friday 1<sup>st</sup> September from 8.00am to 9.00 am

- ☐ 7.30 – 8.30      ☐ 8.30 – 9.30

Name : .....Contact Number : .....

### Bunnings BBQ Belmont – Sunday 24<sup>th</sup> September from 8.00am to 4.00 pm

- ☐ 8.30 – 11.00      ☐ 11.00 – 1.30      ☐ 1.30 – 4.00

Name : .....Contact Number : .....