



Charlestown Public School

Newsletter Term 3 Week 8 – Wednesday 6 September 2017

A proud partner of the Whitebridge Community of Schools

Dear Parents

If we, as parents, continually encourage our children we can have a deep and positive effect on them. The messages that we send them do stay in their minds and influence the way they think about themselves and how they behave. If we let children know often enough that they are inept or inadequate they will believe it, as we are significant reference points. Through the use of constant encouragement parents can promote self-confidence in the children as learners and as people.

BRIGHT IDEAS

- Give children realistic responsibility. Through our actions we are giving them the message: 'I know that you can do this'.
- Point out children's strengths and achievements. When correcting a child or pointing out an error, try focusing on a strength first. 'I like the way that you write your letters. Now let's concentrate on spacing your words out a little more.'
- Recognise improvement they have made or effort they are putting in at school or at home. 'Your reading has really come along'. You can't always praise their performance but you can usually make positive comments about their improvement, effort or attitude.
- Express your confidence and faith in their abilities. 'I know you can do it.'
- Promote positive self-talk. When children do something well ask them how they feel about their efforts. 'That's a terrific drawing, Sarah. What do you think about it?' Encourage

them to make positive comments about themselves and discourage them from putting themselves down.

- If you need a reminder to encourage your child – consciously develop the habit of offering a positive remark when they leave for school in the morning and when you say goodnight.

DATES FOR YOUR DIARY

	TERM 3 2017
	K-6 Gymnastics (T3 every Wednesday except 16.8.17)
6.9.17	School Council Meeting 7pm
12.9.17	Y5 Buddy Training
13.9.17	P&C Meeting 9:30 am (changed from 20.9.17)
14-15.9.17	K-6 Concert Dress Rehearsal
18.9.17	K-6 Concert
20.9.17	Y5-6 Touch Football Gala
21.9.17	Y3-4 Charlestown Cup
24.9.17	Sunday – Bunnings Belmont BBQ – helpers needed please!



SPORTING NEWS

Congratulations to Will J, whose Hunter PSSA Hockey team finished runners up in the state carnival held at Wyong last week. Similarly Daniel has broken his record in the shot put at the Hunter Region Athletics Carnival last Friday and is now off to state athletics next term. Well done boys on your great achievements!



DEBATING CONGRATULATIONS

Each week during Terms 2 and 3 Mrs Irby has worked with the Yrs 5 and 6 debating teams. The Yr 6 team achieved success in finishing in the top 6 throughout all the schools in East and West Lake Macquarie, whilst the Yr 5 team debated convincingly and improved enormously this term. Thanks also to Mrs Nolan who adjudicated the "home" debates and gave positive, constructive feedback to all teams. We really appreciate your efforts ladies!

COMMUNITY FORUM

The topic "What involvement do we want to see from our community members?" was asked by the parents. Here are their answers:

Parents to get along with each other, volunteer at school events, be involved in classrooms, develop a feeling of school community at social events, provide sporting, cultural, musical opportunities with extra funding and resources, be engaged and part of discussions, be positive role models, volunteer in the canteen, develop tolerance for students with disabilities-perhaps some information put in the newsletter, be involved in decision making, help students become aware of their personal spaces, have a trusting adult for students to talk to, continue with Coles sponsorship for crunch & sip and encourage other businesses to support the school, teach values to your own children, parents not to approach other students, invite more sporting heroes to inspire students by discussing their experiences.

More information will be included next week.

EXTERNAL VALIDATION

Yesterday the school completed its external validation with Principal School Leadership, Mrs Robyn Stewart from Inverell, and the Principal of Bletchington PS Mr Craig Booth. Some outstanding comments were made by the visitors especially in the areas of Curriculum Implementation and Learning and also Student Wellbeing. This process occurs every five years. A huge thankyou to the staff for their efforts in preparing the External Validation submission.

VISITORS AT SCHOOL

Volunteers are reminded that when attending school for reading groups, canteen and P&C events you need to sign on at the office before going into the school. Please also remember to sign the Working With Children Check and give 100 points of identification to the office ladies. Similarly, parents are requested not to approach students other than their own when visiting the school. If you see an incident involving your child and another

student please discuss the issue with the class teacher, the teacher on playground duty or myself. Your assistance with this would be most appreciated.

SAS RECOGNITION WEEK

The school community is made up of many different people all of whom play a part in the running of schools and the provision of quality education to students. SAS Staff Recognition Week is an opportunity for the school community to acknowledge the vital role that our office staff and teacher's aides play in education. On behalf of everyone; students, parents and teachers I would like to thank Mrs Stone, Mrs Langley, Mrs Christie, Mr Barlow, Mrs Palmer and Mrs Dosen for their efforts in making our lives at school so rewarding.

CONCERT

Just a reminder, we are just over a week away from our concert. The students have been rehearsing all week and are looking forward to the day of the concert. There are still plenty of tickets available for the Matinee and evening performances.

It is expected that the children are to attend and perform at both concerts as the performances have been based around all students in the class. We would like everyone to experience the wonderful performances of all students. So even if you are not attending the evening performance please send your child for a 6.00pm start and you can pick up your child at approximately 8.00pm when the concert finishes.

CONCERT RAFFLE

The P&C is having a wonderful raffle at the concert with some fantastic prizes:

1st Prize: 16GB iPad Air WiFi Cellular and Cover

2nd Prize: \$100 Coles Myer Gift Card

3rd Prize: \$100 Voucher for Habitat Living

4th Prize: \$50 Voucher from Mama-P Cafe
But you've got to be in it to win it!! So please return your sold raffle tickets as soon

HAVE YOUR SAY IN OUR SCHOOL

Each year we ask parents to share their opinions with us in regard to aspects of school life in order to evaluate current practices and identify focus areas for the future. This year the parent survey will be

conducted online. The survey will take about 15 mins to complete and needs to be completed in one session. Parents and community members who wish to participate but do not have access to a computer are welcome to make an appointment to use a school computer to complete the survey or may pick up a paper copy of the survey from the school office. The survey is open now and needs to be completed by the 8/9/17. The survey can be accessed via the following link:

<https://www.surveymonkey.com/r/6Q8DJRF>

We thank you in advance for taking the time to share your thoughts. Your opinions are extremely important and valuable to us. This survey, combined with your input from the Community Forum will greatly assist in our forward planning.

P & C NEWS

Thank you very much to the parents who are volunteering their time and expertise over the coming weeks. The P&C has organised a number of events which were detailed in the separate note last week. Please return the P&C note as soon as possible so that further organisation can be done.

Thanks also to the P&C for their assistance cooking the Father's Day breakfast last week. There were many chefs and lots of helpers; we hope your dads enjoyed their special day!



HALLOF FAME

Nominations are being called for our Hall of Fame recipients to be awarded at Presentation Day. The selected person will have outstanding individual achievement at state or national level, represented Australia individually or as part of a team and achieved an outstanding level of performance. Please apply at the front office.

CRUNCH & SIP

Crunch&Sip® is a break in primary schools for students to 'refuel' on fruit and salad vegetables and 'rehydrate' with water, assisting physical and mental performance and concentration.

Why Crunch&Sip®?

Many students are not eating enough fruit and vegetables for general health. Eating a diet rich in fruits and vegetables will promote normal growth in children and protect them against disease later in life. Crunch&Sip® also has benefits for the academic performance, concentration and behaviour of students. Students that are not hungry and are well hydrated perform better in the classroom, and are less likely to be irritable and disruptive. Crunch&Sip® takes a 'whole of school' approach, with the program incorporated into school policy.

Links with other school programs

Our school combines Crunch&Sip® with other programs running in the school – the Fresh Tastes @ School strategy in the canteen, the Premier's Sporting Challenge as well as Live Life Well @ School program. The Crunch&Sip® program is supported by our local Coles which provides a box of fruit a week. It is intended that the fruit and vegetable waste generated during Crunch&Sip® will be used in a worm farm and as compost for the school vegetable garden.

COFFEE and CHAT

This Thursday our coffee afternoon continues with Miss Jodie and I. We look forward to seeing you at 2:45pm.

Have a wonderful week.

Jayne Thompson
Principal

5/6H NEWS

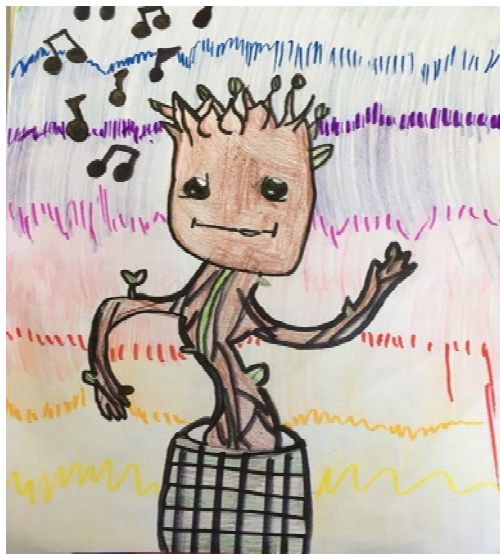
Wow it's Week 8 already and it has been a very busy term. 5/6H welcomed Miss Medcalf to our class at the start of the term. Miss Medcalf comes to us from the University of Newcastle and is completing her internship on our class. We wish her all the best in her teaching career.

With the concert only two weeks away, we have been busily spending time practising for our concert item. 5/6H are looking forward to performing for you all. A big thank you, to last term's student teacher. Miss Cochrane has generously given up her time to come and help us prepare our item.

Over the past few weeks some of our Year 5 budding chefs, artists and photographers have attended Whitebridge High School to participate in cooking, art and photography classes.



Next week eleven of the boys in our class will represent the school in the Round 4 Knockout Cricket against Charlestown South. We wish them the best of luck. In Week 10 we have the Touch Football Gala Day and on the last day of school the Colour Run.



First day of Term 4, Stage 3 off to the Great Aussie Bush Camp. A reminder that final payments are due by Friday.

Margaret Hale

BOOKCLUB ORDER

We have one Scholastic book club order from August that did not have a name on it. If you did not receive your order, please contact the office.

CANTEEN ROSTER

Thur	7.9.17	K. Styles, T. Black
Fri	8.9.17	No orders - counter service at lunch only L. Lee
Mon	11.9.17	Closed
Tues	12.9.17	Closed
Wed	13.9.17	K. Bassett, L. Todorovski

CLOTHING POOL HOURS

Wednesdays	2:45 pm – 3:15 pm
Fridays	CLOSED

COMMUNITY NEWS



REDHEAD NIPPERS
SURF LIFE SAVING CLUB

REGISTER NOW

UNDER 6 TO UNDER 14

INFORMATION SESSIONS AND UNIFORM SHOP OPEN AT THE CLUB

17TH SEPTEMBER 9:30AM - 11:30AM
AND
24TH SEPTEMBER 9:30AM - 11:30AM

Follow us on Team App, Facebook and Instagram

Register online now at <https://goo.gl/9N3WTS>

PLAY Water Polo with Easts



Beginner or Experienced Players Welcome!
A GREAT WAY TO HAVE FUN
USE OR IMPROVE YOUR SWIMMING SKILLS
GAIN FITNESS
UNDER 14s, 16s TO OPEN MEN & WOMEN

Come and Try!—Pre Season Training
Sat. Sept 16th, 23th, 30th
Charlestown Pool, 9.30am – 10.30am
For learners and those who want an early start in the warm pool.

ALL ENQUIRIES
Mark Davy 0401 350381
More details:
eastswaterpolo@gmail.com
Find us on Facebook
Search: Easts Water Polo

FREE SWIM LESSONS

@



Take advantage of this special offer and help us to drive the number of childhood drownings in this country down to zero. Kids Alive Do the Five have partnered with Poolwerx to offer Free Swim Lessons at various swim schools for Under 5's. Jamie's Swim School values it's community and has signed up with this program BUT it is offering for children Under 12

THREE FREE SWIM LESSONS – 3rd, 4th & 5th October 2017

We believe swimming is an essential skill for ALL children so we've extended the offer to include Primary School Aged Children. Group lessons during these dates only.

Visit the Learn2Swim Week website at www.learn2swimweek.com and sign up for a free lesson at our school

OR call us DIRECTLY on 49461166
OR via FB Jamie's Swim SCHOOL

But hurry bookings close 27th September 2017



*Please be aware that these free lessons will not fully teach your child to swim BUT it will introduce them to water and safety aspects. JSS does not receive any payment from Poolwerx or KADTF for offering and running these lessons

Rego Form (Cont.)

I would like my child/ren to attend Kids' Club on these days/times:

	Tues 26 (9:30-12)	Tues 26 (12-3)	Wed 27 (9:30-12)	Wed 27 (12-3)	Thu 28 (9:30-12)	Thu 28 (12-3)
Child 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Child 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Child 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Who invited you to Kids' Club? _____

I _____ am the parent/guardian of the above child/children. I give consent for them to participate in Charlestown Presbyterian Church's Kids' Club between September 26-28, 2017. In the event of accident or illness I give consent for agents of Charlestown Presbyterian Church to administer first-aid and/or to call an ambulance. I further acknowledge that financial responsibility due to accident or illness cannot be assumed by Charlestown Presbyterian Church or the Presbyterian Church of Australia in NSW. I acknowledge it is my responsibility to notify the Kids' Club leaders if I do not wish photographs or video of my child to be used for Kids' Club related purposes.

Signed: _____ Date: _____

Please return to Letitia Wigney – dlwigney@yahoo.com.au
Phone 0413 629 701 for more info

Administration Only

Total cost for individual family \$ _____ Tick when paid ☐

Charlestown Presbyterian Church Presents our... Holiday Kids' Club



September 26-28 2017



Join The Knight's Quest!

Come along for great fun at our Holiday Kids' Club 2017!

Dates: Tues 26 Sept, Wed 27 Sept, Thurs 28 Sept
When: 9:30am-12:00pm (Rego from 9am each day)
12:00pm-3:00pm (Optional afternoon activities)
Where: Charlestown Presbyterian Church - 16 Smart Street
(Parking in the council carpark across the road)

Costs	Per day (9:30-12pm)	3 days (9:30-12pm)	Per day extra (12-3pm)
Individual	\$7.00	\$18.00	\$2.00
Family	\$14.00	\$36.00	\$5.00

Note: Morning tea provided for main 9:30-12pm sessions
BYO lunch if staying for optional 12-3pm sessions
Afternoon tea provided for 12-3pm sessions
Sausage Sizzle for kids & parents/guardians on Thursday

Great fun for primary aged kids (K-6)
Activities include games, drama, singing, craft and talks

Registration Info

Please complete the attached Rego Form (one per family)
and return to Letitia Wigney by Tuesday 19th September
dlwigney@yahoo.com.au – call 0413 629 701 for info
Numbers limited so get in early!

An activity of Charlestown Presbyterian Church



Rego Form



Parent/Guardian's Name: _____

Phone (Home): _____ (Mobile): _____

Alternate Emergency Contact No: _____

Emergency Contact Name: _____

Postal Address: _____

Suburb: _____ Postcode: _____

Email Address: _____

Child 1 Name: _____

School Year: _____ Allergies/Conditions: _____

Medication/s: _____

Child 2 Name: _____

School Year: _____ Allergies/Conditions: _____

Medication/s: _____

Child 3 Name: _____

School Year: _____ Allergies/Conditions: _____

Medication/s: _____

FREE & fun program for fitter, healthier, happier kids!

Are you worried about your child's weight?

Go to www.go4fun.com.au to see if your child could do Go4Fun.

Go4Fun is a FREE healthy lifestyle program for kids over a healthy weight to improve health, fitness, self-esteem and confidence. During Term 4 we will be running a program at **Valentine Hydrotherapy Pool**.

What is the Go4Fun program?

Go4Fun is a FREE 10 week program which runs over one school term after school hours. During the program children and their families get involved in fun games and activities to get more physically active and they learn about delicious nutritious foods they can eat every day.

Children need to be 7-13 years old and a parent or carer also needs to attend. Younger and/or older siblings are encouraged to attend.

To find out more contact **1800 780 900** or visit www.go4fun.com.au



KIDS HOLIDAY MOVIES

AT



Stay for lunch...Kids
Menu available...
Bookings essential

63 Kenibea Avenue, Kahibah Ph: 4943 2987

TUESDAY 26 SEPTEMBER 2017 AT 11AM



TUESDAY 3 OCTOBER 2017 AT 11AM





PCYC CUPCAKE & FRIENDS DAY

LAKE MACQUARIE
2B Lake St, Windale
4948 6622
lakemacquarie@pcycnsw.org.au

BOOK YOUR SPOT NOW!!!
49486622

EXCURSIONS

GAME TIME!

REPTILES
KYM THE REPTILE MAN

GYMNASTICS

FUN!!!

KIDZ CARE
POLICE CITIZENS YOUTH CLUBS

FLIP OUT

IT'S ALL ABOUT ME

WORLD HEART DAY
29th Sept

EXCURSIONS
PHOTO BOOTH
KOALA
KANGAROO

EXCURSIONS
THEME DAYS
DRESS UP DAY
POLICE SAFETY TALK
FRIENDSHIP DAY

P&C NEWS UPDATE

Dear Parents

School Performance Raffle

With the school performance scheduled for September we are now seeking donations for prizes for the Performance raffle. If you own a business or know a business that would like to donate prizes for the raffle please leave your contact details at the office and we will be in touch.

The P & C will be supplying an iPad for 1st prize. We are hoping to get tickets sent home in late August.

The P & C also have a number of events in coming months which we require your assistance with.

Father's Day Breakfast – Friday 1st September 2017 from 8.00 – 9.00am

Together with the teachers we will be serving Bacon & Egg rolls to students and their fathers on the day in return for a GOLD COIN donation.

Bunnings BBQ Belmont – Sunday 24th September from 8 am til 4 pm

The P & C will be hosting the BBQ on this day; this is a great fundraiser for the school. We require assistance in the cooking and serving of sausage sandwiches and drinks.

I am able to assist with:

Father's Day Breakfast – Friday 1st September from 8.00am to 9.00 am

☐ 7.30 – 8.30 ☐ 8.30 – 9.30

Name : Contact Number :

Bunnings BBQ Belmont – Sunday 24th September from 8.00am to 4.00 pm

☐ 8.30 – 11.00 ☐ 11.00 – 1.30 ☐ 1.30 – 4.00

Name : Contact Number :